

# Creating a FIREBREAK for the NHS



## STOP FIREFIGHTING

"We will never be in a position to progress the NHS unless we invest in activity other than clinical"

Work together health ↔ social ↔ population

**START BY ASKING QUESTIONS**

**HOW DO WE CREATE TIME?**

**DEVELOP A MOVEMENT TO CREATE TIME A "FIRE-BREAK"??**

- TOOLKIT**
- Service review
  - Involve service Users
  - Educate Public
  - Engage Population
  - Can we work smarter, NOT HARDER?
  - Must be simple
  - Maximising resources

**CREATE A FIRE-BREAK**

**STOP (LOW VALUE ACTIVITY)**

**TIME**

**CREATE (HIGH VALUE ACTIVITY)**

- Full utilisation of Resources**
- MDT
  - Social
  - Voluntary
  - Self-Care
  - Third party services
  - Informal care
  - Private

**Research Evidence Based Practice**

**HEALTH COMMUNITY**

Essential for progress

Connect Services

**Valued Workforce**

- ↳ Recruitment
- ↳ Retention
- ↳ Resilience & Wellbeing

Development

Service

Sustainability

Personal/Professional

link to succession planning

- Audit**
- Are we doing things right?
  - Could we change?
  - Increased efficiency

Accountable Users

Education

More Empowered Population

Accelerated Cluster development