

Newsletter

Volume 1.0



A message from Chief Executive, Kevin McNamara

“One of our biggest strengths is how we work as a team and a family.

“There are more examples than ever of staff, clinical and non-clinical, going above and beyond during this exceptionally challenging period.

“We want to shout as loudly as possible about this, and this is what 'One Trust. One Team.' is all about.”



To the Trust and Pharmacy Team

From Rachel Longar, Pharmacy Operations Manager

“In a rapidly changing environment the Trust wide response to the need for change is absolutely extraordinary. Staff are working tirelessly through this pandemic to keep our patients safe in a manner which is selfless and flexible and their hard work and commitment especially at this time is truly inspirational. In terms of Pharmacy response our teams within including procurement and distribution, dispensary, aseptic & cancer teams, clinical trials, clinical and medicines optimisation teams, Boots pharmacy and others have certainly pulled all the stops out to ensure that the supply of medicines for our inpatients and outpatients is maintained. The team are also ensuring that all moves within the Trust are supported with a swift response in order to ensure that patients are able to be treated in a timely manner and I have to say that I am absolutely privileged to be the operations manager for such an incredible team.”

To the ICU Nurses

From Hannah Little, ASK Team Lead Nurse (supporting ICU)

“Our ICU nurses have been amazing. Their collective energy and enthusiasm to teach and support those redeployed to help out is relentless. I'm extremely grateful.”



“If I have seen further, it is by standing on the shoulders of giants.”

Sir Isaac Newton



To Carol Cleminson & Debbie Millar

From Sue Willis, Moredon Medical Centre

"I would like to nominate the receptionists on the front desk of Moredon Medical; they have gone over and beyond the call of their duties.

In this difficult time they have rearranged the queuing system from the main entrance making sure that people coming in are kept separately.

They have cleaned the reception desk and phones every day making sure it is spotless, in between coping with the public who still think its ok to walk in and come up to the desk.

The ladies in question are Carol Cleminson and Debbie Millar, they have worked extra hours they have been called in to docs rooms to clean down after doctor has looked at suspected cases of the corona virus they have never refused or thought of their own safety.

They are hard-working dedicated staff and are always pleasant even under stress. They have been confronted with patients coming in giving them abuse, but Carol and Debbie are not averse to marching them out of reception. I can't sing their praises loud enough and they are what the NHS stands for: caring, hard-working and not thinking of themselves."



To The Oral Surgery Department

From Anita Eastman, Senior Dental Nurse

"I would like to give a shout out to Team OSD, most of the nurses have been redeployed to other areas of the trust.

I am especially proud of the Dental Nurses who have gone above and beyond and out of their comfort zone to help on the wards.

We always work as a great team, and I am proud of them all."



To the GWH family

From Abigail Churchill, Dental Nurse



“ ..the team on Saturn have been fantastic. They really helped me through my first shift.”

Our staff have gone above and beyond to respond to the coronavirus pandemic, with many staff switching roles and up-skilling to do what they can to help busy areas.

For Abi Churchill, a dental nurse at the Trust, last Thursday was like the first day at work all over again.

Abi has seven years' experience working at the Trust and when it became clear that her experience and skills could be spared to support other areas of the hospital preparing for the COVID-19 response, she volunteered. After her first day of shadowing the team on Saturn ward, Abi said she felt like a newbie.

“I've been used to working in a role I know like the back of my hand for so long, it was quite nerve wracking to do something so different.”

“I am also accustomed to being in a secondary care unit. All of our patients come through GP and Dentist referrals. Working in a medical unit is quite different.”

“I was expecting to be doing patient observations to start with, but today I have fed and cared for a patient already.”

“It has been such a strange day. I was worried that I wasn't actually going to be helpful and just get in the way, but the team on Saturn have been fantastic. They really helped me through my first shift.”





The Research & Innovation Team

From Catherine Lewis-Clarke, Research & Innovation Manager)

“Amongst the many exceptional staff members and teams stepping up at this time I would like to shout about the efforts of the R&I Department; a team that is not always widely recognised at GWH for the large contribution they play in clinical patient care.

COVID-19 studies are up and running R&I have received fantastic support from Respiratory clinicians and all the team on ICU.

I am overwhelmed by the display of teamwork across the whole Trust at this surreal time and feel proud to be able to play a very small part in it myself.”

Amanda Horton, Respiratory Team Lead

From the Community Respiratory Team

“Amanda has a management style that is underpinned by kindness, compassion and understanding. This has allowed all our team to flourish under her loving guidance.

With the current COVID-19 crisis biting at our heels, Amanda's inspirational leadership is appreciated more than ever. As we face everyday challenges and decision-making that threatens our inner peace, Amanda reassures us and gives us sound advice and strategies to assist us. Because of her, we sleep soundly at night and feel ready to embrace the updates and changes to practice that pervade our current every working day. Not only does Amanda calmly do all this for us, she also keeps us updated, never missing a beat.

The demands on her time and her own need to learn new skills daily are immense, but she still has time for us and when one of us has done some particularly good work, she is always the first to notice.

She truly celebrates our achievements and the moments where we shine. Because of this, she shines the brightest of all of us. We are all truly thanking our blessings for having her as our leader.”

Videos have been submitted by staff and the public – some are available to view on the One Trust One Team intranet pages!

“The NHS will last as long as there are folk with the faith to fight for it.”

Aneurin Bevan



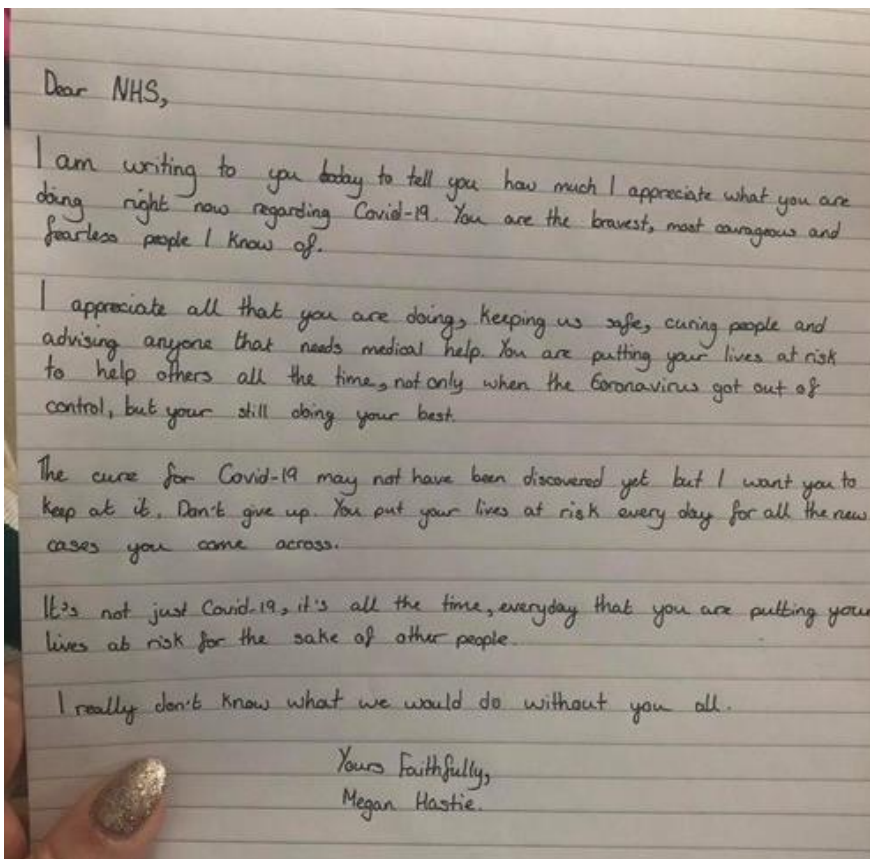
Raina O'Mahoney & Liz Colyer, Dietetics Team

From Elmarie Van Wyk, Paediatric Dietetic Team Lead & Diabetes Specialist Dietician

"I want to thank every single member of the Dietetic team who worked tirelessly to get us ready for things to come but I want to make a special mention to two of our Dietetic colleagues, Raina O'Mahony (Gastro Dietician) and Liz Colyer (Paediatric HEF Dietician) who went above and beyond their normal duties to help us to prepare for the increase nutrition support caseload for Covid-19

Raina updated all our feeding protocols in ITU as well as other service development activities related to nutrition support when patients step down from ITU to general wards and discharge back into the community.

Liz Colyer took charge of anything related to Enteral feeding and how to best change our current practices to ensure we have sufficient supplies of feeding pumps, ancillaries and feeds involved with this as well as plan B & -C's J. She came up with several plans depending on the availability of equipment, feeds and ancillaries as we prepare ourselves to be running low on some items over the next weeks/months. These actions and guidelines Raina and Liz put in place will help us to provide timely, effective and evidence based nutrition support throughout the patient's journey in recovering from Covid-19."





The I.T. Team

From Chris Palfrey, I.T. Service Desk Analyst

“Make a Date with 5858 (IT Service Desk Team) - we want to thank all of our colleagues that are helping, caring and supporting patients and our local communities. The work you do is truly amazing.

I also want to thank all my colleagues in IT and on the IT Service Desk – we’ve have been supporting a huge amount of telephone calls, e-mails, incident and service requests – we have done this by working as a team; helping and supporting one another in laughter, good humour, patience and understanding – without each of us side by side on the Service Desk in various locations – we wouldn’t be achieving what we have achieved over the last few weeks.

In addition to the Service Desk – I want to shout out to our support teams that have been carrying out a massive amount of background work, changes to systems, preparing hardware and deploying this as well as a host of lots of other changes and little things. You are all amazing too and without you – the Service Desk wouldn’t be able to operate.”



Mercury Ward

From Sam Mannion, Staff Nurse

“My name is Sam, I'm a staff nurse, starting as a newly qualified at the trust last September. I have been redeployed from Wren (Outpatients) to Mercury Ward.

To say I was nervous last week is an understatement, having not experienced a full 35 bed acute ward since my second year placement. I want to acknowledge the huge welcome, acceptance, support and patience received by all staff, with my transition to Mercury.

I am now feeling more comfortable and confident on the ward. The manager and all the staff are absolute heroes, not only coping with the constantly change in patients but also managing redeployed staff, with various skills and backgrounds.

I am so thankful and grateful for the humble acceptance of everyone. I really am grateful to be working with such beautiful and wonderful healthcare workers. It has helped enormously with my transition, and ultimately enabling me to look after very poorly patients.

Mercury are my redeployment heroes.”



Check out the thank you to GWH on YouTube!





“



*..every time I support
new parents on their
journey I feel
reassured I have
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decision staying at
work*

”

Ida Jacob

Midwife

Many aspects of the everyday have changed for the majority of us in recent weeks, but some things can't be put on hold until further notice. Women all over the country are still due to give birth regardless of the lockdown and those women and their families still need the support of their local NHS teams.

Ida Jacob is a midwife who works on the Delivery Suite, Hazel Ward and the White Horse Birth Centre and has moved into NHS accommodation leaving her family at home, so that she can continue working during the coronavirus pandemic.

“I have two sons; a four year old and the youngest will be turning two on 26 April, which means I will miss his birthday. They will be at home with my husband, who is in a wheelchair due to his spinal injury.

“We are worried that if my husband got infected with COVID-19 and ended up being on a ventilator, that he possibly would not make it through due to his disability.

“It was important to me to keep him safe, however I wanted to continue to provide care to women and their families and not to leave my colleagues short of a midwife. So I decided to move into NHS accommodation.

“I will be staying here for at least four weeks, possibly longer if my family can manage without me.”

While Ida is staying onsite, she is working extra shifts to help her team.

“It is not easy, for me nor for my family, but I wouldn't be able to carry on working and going home without putting my husband at risk.

“Having said that, every time I support new parents on their journey I feel reassured I have made the right decision staying at work.”



“And when the danger ended and people found themselves
They grieved for the dead
And made new choices
And dreamed new visions
And created new ways of living
And completely healed the earth
Just as they were healed”

*Kathleen O'Mara, 1869 and
reproduced during the 1918 Spanish Flu Pandemic*



The ICU & SAU Teams

From Nicola Lennon, Senior SAU Sister

“I am currently working in ICU as I have previous critical care experience and have been moved from my team in SAU . I want to say how amazing team ICU are; every individual has been so welcoming and supportive and I very much feel part of their team . Thank you to the outreach team and practice development nurses Laura and Rezin for a well prepared up-skill course to enable staff like me to return to the ICU environment. I felt well prepared and very supported. My team on SAU are also amazing as they are working without their ward manager and have been very supportive of me helping out in a different area. My band 6’s and senior staff nurses have just slipped into my role and is supporting the team though this time , I am so proud of them. I am overwhelmed by the support both from my team in SAU and ICU team.”



David & Natalie

From Alex Harrington, Podiatry Head of Service

“A thank you goes out to David Lawal and Natalie Pitman, two of our community podiatrists who have been deployed to the community nursing team during this time. Natalie and David have been completed various training and competencies to support their clinical skills and are now working out in the community supporting patients.”

One Trust One Team Spotify Playlist



Giles De Burgh has put some songs together on a One Trust One Team playlist that you can listen to on Spotify. Songs have been requested by staff members that resonate with them during the current climate. You can sign up for a free account on Spotify to listen to the playlist online

Visit the One Trust One Team intranet page

Please continue to send us your own photos, videos and stories as well as visit our One Trust. One Team page on the intranet homepage
Please contact roxy.walter2@nhs.net



Supporting you during the COVID-19 pandemic

To support you through the Coronavirus (COVID-19) pandemic, we are offering a range of health and wellbeing interventions and support, so please visit the health and wellbeing page on the intranet homepage.

