



Project aim

West Essex CCG has worked with NHS RightCare since 2016 to implement an evidence-based commissioning methodology that aims to reduce unwarranted variation and improve population healthcare through 9 high impact interventions for patients with COPD*

* Chronic Obstructive Pulmonary Disease



Project team

Led by Grant Neofitou and the CCG Adult Pathway Transformation team the project is delivered by all colleagues in the system who interact with patients with COPD under the principle of shared responsibility

Timeline for delivery

From: 2017 - 20

To: 2025

Measures

1. Improving diagnosis and risk stratification
2. Patient care: High value interventions
3. Integrated acute and chronic care management
4. Self management
5. Outcome based contracting (inline with the development of an ICP and aligning incentives and risk)

Tests for change

The programme seeks to reduce emergency admissions, improve life expectancy, and empower patients to deal effectively with temporary exacerbations

The Nine High Impact Interventions

1. Confirm an accurate diagnosis of COPD
2. Consider co-morbidity, frailty index and end of life in patients with confirmed COPD
3. Confirm the patient been offered/advised, had or declined a flu vaccine
4. Record CAT score, exacerbations and MRC scale
5. Confirm the patient has been offered/advised, had or declined smoking cessation service
6. Confirm the patient has been offered/advised, had or declined pulmonary rehab
7. Optimise drug and devices including patient education on inhaler technique
8. Go through self-management options with patient
9. Patient empowerment and care navigation

Next Steps

- Develop outreach community MDT model
- Launch a virtual clinic pilot (PAH consultant to General Practice)
- Develop Pneumonia care model and integrated pathway (link to PAH)
- Review Asthma pathways and design and agree a West Essex wide plan to improve outcomes and management of patients
- Expansion of pulmonary rehabilitation service