Fab Change Day 2020 - Report

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# Introduction

Fab Change Day took place on the 21st October 2020. The focus of the day was change and innovation brought about as a result of the Covid-19 pandemic. The Library and Knowledge Service (LKS) at SWB trust decided to take part. During the week 19th to 23rd October 2020 staff were encouraged to submit their Fab Change stories.

# What did we do?

With help from the communications department a FabChange20 page was created on the trusts intranet site Connect. Initially the page would be used for the collection of stories and later to host the submissions.

The Fab Change website hosted a really good form for collecting submissions (Appendix 1). A word version for download was uploaded to our intranet site Connect and also our communications team created a web form. The downloaded form could be emailed to the Library via the specially created email address [swbh.welearnnhsfabchangeday@nhs.net](mailto:swbh.welearnnhsfabchangeday@nhs.net). The web form was also directed to the same address.

A series of Tweets were posted using the LKS Titter account in the run up to the event, publicising how and where to submit. The communications team also ran a feature in the daily bulletin encouraging staff to take part. Twitter and the daily bulletin were also utilised during the event to share links to the submissions and videos.

Permission was obtained from some staff to present their stories by video. These were filmed and edited by the communications team and throughout the Fab Change week uploaded to Connect, one each day. (Links for the videos can be found in submissions).

All the submissions received were uploaded to the Fab Change page on Connect to be read and shared around the trust. Some submissions included extra supporting information in the form of photos or additional documents, these were also uploaded. A set of 17 posters, submitted to the trusts WeLearn poster competition were also included as examples of Fab Change. The posters were identified because they focused on change and quality improvement as a result of Covid-19. The link to the submissions intranet page (access for SWB trust only): <https://connect2.swbh.nhs.uk/governance/welearn/fab-change-day-2020/fab-change-day-2020-submissions/>

# The submissions

The LKS received a total of 14 unique Fab Change stories from a variety of departments and staff groups. These have been listed in Table 2. Out of the 14 submissions, 5 gave video interviews. The videos can be viewed by following the links in Table 1. There were also 17 COVID-19 poster submissions; these are listed in Table 3.

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| Table 1. Submissions with video interview | | | | |
| Name | **Department** | **Story** | **Supporting Material** | **Video Link** |
| Kevin Tucker | Physiotherapy | Service evaluation- Introduction of physiotherapy within Orthopaedic Fracture Clinic during COVID 19 together with e referral | Poster | <https://youtu.be/56z2Bvel790> |
| Vishal Paringe | T&O | Going virtual with services |  | <https://youtu.be/Z-yXnLD8nfo> |
| Kay Baker/Naomi Reed | Childrens therapy | Development and delivery of virtual training for parents, carers and schools |  | <https://youtu.be/FmYJlMd4twE> |
| Amirtha Rajasekaran | Dermatology | Rapid implementation of teledermatology during COVID-19 : Lessons learnt | Poster | <https://youtu.be/x7vke9PtT7s> |
| Catherine McGrath | Rheumatology | How does an outpatient based department re-invent itself in time of Covid? | PowerPoint slides | <https://youtu.be/udMpSikRKgc> |

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| Table 2. Submissions without video interviews | | | |
| Name | **Department** | **Story** | **Supporting Material** |
| Joanne Bradley | End of life care | Bereavement care service. | Poster |
| Una Peplow | Children’s therapy | Setting up an early years virtual play group. | Photo & example of session content |
| Debbie Spruce | Research & Development | EDGE attributes for research reporting. | Example attributes & poster |
| Jason Yap | Gynaeoncology | Mitigating the impact of Covid-19 pandemic to deliver gynaecological cancer surgery. | Poster |
| Amirah Sheikh | Diabetes, Endocrinology & sexual health | A picture paints a thousand words. | Power point slides, SOP & audit |
| Gurpreet Basrai | Physiotherapy | iCares response to increased hospital pressure expected during the first stage of Covid. |  |
| Sandra Whitelock | Primary Care | Primary care liaison GP crusaders. | Poster |
| Victoria Atherton | Anticoagulant services | Use of the swabbing pod for Covid positive/symptomatic/isolating anticoagulant patients for drive through INR testing. |  |
| Max Newbould | Medical Education | Delivering simulation-based education during a pandemic. | Photos |

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| --- | --- | --- |
| Table 3. Covid poster submissions | | |
| Name | **Department** | **Poster Title** |
| S. Shah | Trauma & Orthopaedics | Audit of a fracture clinic |
| V. Neelapala | Trauma & Orthopaedics | Virtual assessment clinic |
| G. Kayello | Paediatrics | Paediatric virtual clinics |
| D. Bogue | Paediatrics | Paediatric simulation |
| S. Joseph | Research & Development | Research nurse team response |
| S. Potter | Research & Development | Research at the centre of patient care |
| C. Lykidis | Cardiac Rehabilitation | Virtual exercise and education |
| C. McGrath | Rheumatology | Care of patients in the Covid era |
| H. Stephens | Critical Care & Surgery Physiotherapy | Personalised rehabilitation |
| E. Leung | Pan-Birmingham Gynaecological Cancer Centre | Gynaeoncology |
| D. Joseph | Gynaecology/Gynae-oncology | Use of the independent sector |
| I. Mahabeer | Women & Child Health | Health app for young people leaving care |
| P. Duzan | Oldbury Health Visiting Team | Keeping health visiting teams connected |
| J. Elson-Whittaker | Sandwell Community Heart Failure Team | Heart failure keeping patients safe at home |
| H. Downey | Community iCares Team | iCares own bed instead |
| U. Datta | Breast Surgery | Breast surgery |
| S. Parsons | Intermediate Care | A bed is a bed |

# Future plans

The plan is to follow up with an impact interview with as many of the submissions as possible in April 2021. The purpose will be to see if the changes are still in place and what impact those changes have had on the service.

It is intended that a copy of this report will be uploaded to the FabChange website along with an example submission.

Starting April 2021, SWB Trust LKS is due to trial a repository provided by the British Library and in collaboration with Health Education England. The LKS is looking to upload a variety of document types and the Fab Change submissions and posters will be included. This will hopefully make them easier to find and share.

The LKS also plans to take part in all future Fab Change days, usually occurring in the month of October each year.

# Contact Details

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