

# Pets As Therapy (PAT)



## Project Aim:

To provide therapeutic visits to patients and staff from Pets As Therapy.

## Timeline for delivery

From: April 2022 To: Present

## Measures

- Boost the morale of staff
- Enhance the wellbeing of patients (Positive feedback received)
- Receive requests from specialist areas to visit vulnerable patients

## Tests for change

To collaborate with Ward Managers/Matrons/Specialist leads to ensure the therapy is available to all individuals/teams who would benefit from it.



## Project team

Alison Lawrence  
Phillipa Haslehurst  
Caroline Ashton Gough  
Pets As Therapy

## Results

We have been able to bring comfort and companionship to people in the hospital who may feel isolated, confused or lonely.  
It has helped promote and encourage conversations, while creating fond memories of patients and the pets.  
PAT has brought a real sense of escapism from the hospital environment.

## Learning and next steps

To increase the number of PAT volunteers, to enable visits to all appropriate areas across the Trust.

