

# Patient Initiated Follow Up (PIFU)

## Project aim

**Overarching aim within the Outpatients programme:** To reduce unnecessary out patient follow up appointments whilst maintaining delivery of high quality care to our patients.

### Timeline for delivery

**From:** 2020  
**To:** 2025



## Core project team

- **John Anderson** – Operational Lead
- **Mr D Kosuge & Dr J Anderson** – Clinical Leads
- **Steph Jolliffe** – Information lead
- **Sarah-Louise Lacey** – IT lead
- **Lindsay Hanmore & Emma Bright** – Quality First

## Measures

- Continual increase in the number of patients placed onto PIFU
- Low number requesting an appointment following placement onto PIFU

## Tests for change

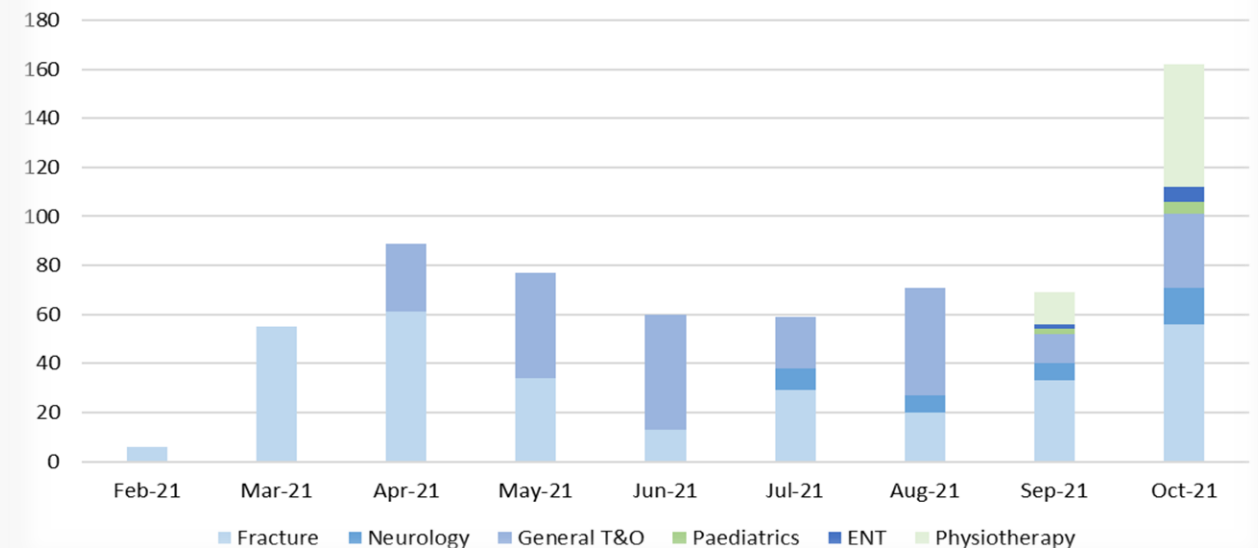
Implementation of a discharge to PIFU pathway.  
Identification of 2 pilot sites – Fracture and Neurology to test the concept ahead of roll out across all specialties.

## Learning and next steps

- Value of clinical engagement in implementing new pathways
- Patients value joint decision about their care and onward journey
- Identification of project steps required to roll out at pace within other specialties

## Results

Number of 'Discharged (Patient Initiated FU)' Outcomes Selected



Metric	Fracture
Go live Date	22/02/2021
No of appts given PIFU outcome *	307
No of patients who have made contact	13
No of patients who have attended / DNA	12
No of patients who are on an inactive PIFU	191
No of estimated follow ups saved ***	215

As at 31/10/21  
**215**  
estimated appointments had been saved in Fracture since go live (22/2/21)

