H.O.P.E at the end of life



The Princess Alexandra Hospital NHS Trust

Project aim

To support staff in assessing the spiritual and religious needs of patients in order to provide our patients with the best holistic care at the End of Life.



Project team Chaplaincy Team working with the Specialist Palliative Care Team

Timeline for delivery

Ongoing from: September 2019

To: Spring 2020

Why the need?

A review of Individual Care Plans at the end of life showed that the spiritual & religious needs of our patients were rarely being recorded. This suggested that genuine needs were being missed and not addressed.

What does the project entail?

In co-operation with the Specialist Palliative Care Team, the Chaplaincy Team has introduced a simple tool called H.O.P.E. to make the assessment of spiritual & religious need easier. It has been incorporated into the new 'Individual Care Plans for the anticipated last days of life' and we are currently delivering training to doctors and other healthcare professionals such as End of Life Care champions as to its use.

H.O.P.E : What does it stand for?

- H What gives you hope, strength, comfort, peace?
- **O** Do you consider yourself part of an <u>organised</u> religion?
- P Are there any spiritual or religious <u>practices</u> that are important to you <u>personally</u>?
- E What <u>effect</u> do these have on how you would like to be treated or cared for?
 - "Would you like to discuss this further with someone ?"

Measuring H.O.P.E and next steps

The new Individual Care Plans will be audited early next year and the effectiveness of H.O.P.E measured by the frequency spiritual & religious needs are being recorded.



#FabChange19