

Stand up to Dementia !

Project aim

Using innovative training solutions to raise awareness of dementia and its impact on patients by empowering our staff and Doctors to provide the best dementia care possible.

Dementia is the no.1 cause of death nationally and 1 person in 8 currently dies from dementia . Dementia effects approx. 25% of our patients at any one time, therefore we hope to:

- Improve the patient and carer experience
- Give staff an insight into how dementia effects people
- Optimise our clinical and non-clinical interventions through person-centred training sessions

Timeline for delivery

From: 2015 To: 2020 (ongoing)

Tests for change

- | | |
|----------------|-----------------------------------------------------------------------------|
| Cycle 1 | Virtual dementia tour (VDT) train the trainer implemented Trust wide (2015) |
| Cycle 2 | Bespoke training sessions for particular staff groups (e.g. Doctors) |
| Cycle 3 | Monthly VDT sessions for all staff |
| Cycle 4 | Ongoing Dementia awareness training for all staff |



Project team

- **Caroline Ashton Gough**- Dementia CNS
- **David Page**- Dementia Support Practitioner
- **Andy Dixon** – Dementia lead

Results

Virtual dementia tour experienced by **737** staff members as of September 2018.

Dementia awareness training has **96%** compliance Trust wide

63 Doctors from Junior to Consultant have experienced the VDT with one Consultant exclaiming “*Its changed all I thought I knew about dementia*” Further bespoke doctor Training sessions to Commence October 2019

Learning and next steps

1. Virtual dementia tour sparks great learning and reflection in our staff, enables empathy to shine through.
2. Dementia awareness training is really well received and compliance is aided by the project team being flexible in offering bespoke training sessions to groups of staff.
3. Continue to increase numbers of all staff attending the VDT

