



Short Case Study

Cleaning to Music

Oxfordshire Health NHS Foundation Trust Community Hospitals

Wallingford Community Hospital decided to turn the need to maintain extremely high levels of cleanliness across the site into a hospital community activity!

Cleaning to music became an enjoyable team activity. Twice a day, an uplifting and energising piece of music would be played across the public announcement system across the whole site. At this point everyone who was able to – including patients – was invited to join in with some of the cleaning. Cleaning products were made available in a covid-safe way, and people shown what to do and how. When the music started, everyone worked together on their particular cleaning task in the space they were in, in time to the music.

The initiative introduced some levity into the day – everyone wondering what the music would be. In addition to the practical benefit of supporting the cleaning schedules, it was also designed to reduce stress and worry. Both through the act of some physical activity to music, and being a very visible (and audible) reassurance that the site was being kept rigorously clean, and everyone was playing their part.

Cleaning to Music was deemed a success by staff and patients alike, and contributed to a Wallingford Community Hospital's infection prevention and control over the pandemic.

What happens next?

This has not been continued formally because *“our Infection Protection and Control is exactly as it should be, and we have our housekeeping staff”* but was a useful initiative at the time.

At the time it was something that really resonated with staff.



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