

Health service amateur station promotes #EndPJPparalysis movement and other NHS initiatives

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An amateur radio station has been launched to promote both the NHS 70th anniversary and also other national initiatives such as the #EndPJparalysis campaign.

In a first for the health service, [GB1NHS \(Great Britain One National Health Service\)](#) has been set up as the new National Health Service amateur radio station.

“It’s really connecting the NHS to health services and defense medical services globally”

Paul Devlin

The station was founded by Paul Devlin, a paramedic and member of NHS Improvement's NHS Emergency Care Intensive Support Team. It was licensed by Ofcom on 5 April and transmitted for the first time on 8 May.

The license allowed the station to globally transmit on restricted radio frequencies that are more commonly used for research and disaster management, and international emergency communications.

The Radio Society of Great Britain, which has supported the venture, allowed those behind the station to transmit their signals at the National Radio Centre in Bletchley Park for the station's launch.

They said the overall aim was to use "the medium of amateur radio" to promote initiatives leading to patients receiving "excellent care, faster recovery and living longer healthier lives".



Paul Devlin

Initially, Mr Devlin said they had wanted to increase focus and boost the social movement for the end pyjama paralysis initiative, which aims to get hospital patients up and dressed.

The idea subsequently developed into the NHS England 70 day [#EndPJparalysis](#) challenge that aims to save “a million days” of patient time in hospital, as previously reported by Nursing Times.

Mr Devlin said: “We wanted to hone this concept about getting up, getting dressed and getting moving around hospital right across the world.

“They challenged me to say how can we get this concept to end paralysis in to as many hands of the community as we can,” Mr Devlin told *Nursing Times*.

He added: “It’s really connecting the NHS to health services and defense medical services globally and allowing us to spread the world.”

- [Nurses urged to join national challenge to ‘end PJ paralysis’](#)
- [Nurses swap uniforms for pyjamas to support campaign](#)
- [London hospital adopts two patient-friendly initiatives](#)

Professor Dolan, creator of the #EndPJParalysis movement, said the station was an opportunity to spread “key messages” about the health service and their “intrinsic worth” across a global community.

The station has now branched out to over 120 countries, including New Zealand, Australia and the US.

To listen to the station, people can us [YouTube channel ECIST1](#), which is run by the Emergency Care Intensive Support Team, or via its own [Twitter page](#).