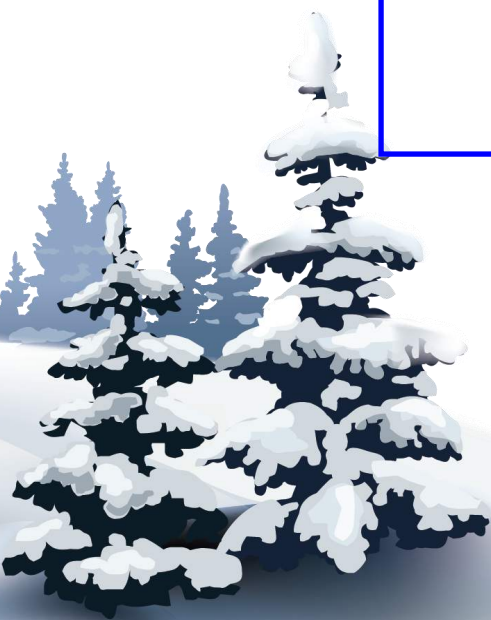


# Merry Christmas



Welcome to our 4th Issue

December 2022



# FabNewsletter

News - Events - Shares - Fabulousness - New Stuff

***Welcome to the final edition of the Academy of Fabulous Stuff Newsletter in 2022***

This edition is packed full of #FabChanges22to23 news, Resources and Information. Alongside other Fab News, Events and a little Christmas Cheer.

If you would like more information on the academy or any thing featured within the publication:

please check out the website [here](#)

or email [fabnhsstuff@gmail.com](mailto:fabnhsstuff@gmail.com)



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Group

# Editorial

I am delighted to reconnect with you all through this final editorial for 2023. The Fab activity over the year has been educational, at times emotional, enormously collaborative and somehow has made us feel more connected wherever we are in the world.

Clinicians focus on the care of individuals, families, and communities so they may attain, maintain, or recover optimal health and quality of life. While festivities bring people together to enjoy great times celebrating special occasions, care teams bring together a range of skills and expertise to address the needs of their communities. Just as festive events are often a team effort involving multiple people working together, care teams must collaborate to provide the best possible care for patients and communities.

Just as we have always used the data we have to hand, it is beholden on all of us who work in, or support provision of health services to our communities, to utilise the power of multiple new data sources. We have to be the game changers, driving progress with the power of data, information, knowledge but also possessing the wisdom to create actionable insights.

A great example is some recent work carried out under the guidance of Dr Aaminah Verity, GP and lead for health inequalities at North Lewisham Primary Care Network (NLPCN). Collaborating as a team, around a clear data strategy, enabled them to identify residents at risk of health inequalities and seek out previously undiscovered cases several chronic diseases. Combining 'at-risk' flags with socioeconomic deprivation and ethnicity data, the team carried out a pilot of 350 health checks over a six-week period. Results showed:

31% with pre-diabetes

27% with raised blood pressure (hypertension)

11% with suspected diabetes

10% with a raised QRISK score<sup>5</sup>

8% of people with a body mass index (BMI) of over 35

Collaboration was key to the successes of the pilot and the proactive approach puts this PCN on the front foot in terms of targeting resources in the most impactful way, identifying health conditions earlier, and having a real impact on closing the health inequalities gap across the borough.



# Editorial

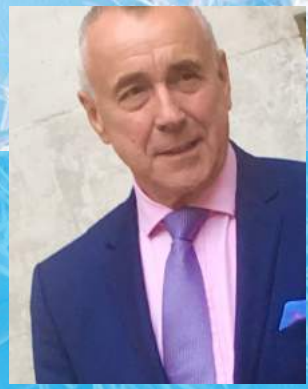
Read the full story here [Population health in action – a PCN approach to addressing health inequalities \(cerner.com\)](#) and check the links at the top of the page to read other published success stories from Oracle Health’s UK and Ireland clients.

Looking at the FabStuff themes for 2023, this work in Lewisham is a great example of *reconnecting* (with patients who were invisible), *rebuilding* (reaching out to those patients), *renewing* (assessing them appropriately) and *recharging* (putting right what was wrong, before bigger issues emerge) to genuinely make the lives of our communities better – not just for the festive season but for life. When interoperability delivers data that is represented in an understandable fashion - by teams who know how and where to connect with their communities - we have results like those demonstrated in NLPCN. There are many success cases –which ones can you share? The more we share, the more we can replicate successes, across families, communities, populations and borders.

Deirdre

Deirdre Stewart, Nursing Executive, Sr. Director, Marketing & Corporate Affairs

# Roy Lilley Reflects on 2022...



'Reflect on the year', they said.

I said; 'What! A year like this last one. Yer avin' a larf. It's best forgotten.'

'Ok', they said, 'write about new year resolutions.'

'Really', I said, 'they don't work.'

'Why', they said.

'Four reasons I said;

Most of us make resolutions our heart's not in. No heart, no de-part, from what you always do.

Self monitoring doesn't work. Make a promise, with a friend, and that's got a 90% chance of coming good... mutual support. Find a friend and Both be resolute.

Lack of planning. 'I'm going to the gym', you say. Ok, when? Will you really get up an hour early?

Most resolutions require secondary sacrifice. Selfishness. Eating less, differently, disrupts meals with the family and friends. Will you do that?

'Ok, grinch,' they said, 'what do you want to write about?'

'But', I said. 'But what', they said. 'Just but,' I said.'

Go-on, then,' they said... so here it is;

Yes, it's been a year to forget. Miserable, exhausting, confrontational and for many like working in a tunnel. I know that.

If there is a light at the end of the tunnel, it's probably a train coming the other way.

But...

However bad it's been, every day, about a million people come into the care of the NHS. A million a day.

They come with their accidents, illnesses, fears and anxiety and despite everything, the NHS has been there for them. Maybe not as quick as we should be and not as efficiently as we could be...

But...

At a time when people and their families have been at their lowest, people like you have been there for them.

Our NHS is creaking, we know.

But...

It is still performing the daily miracles that give people their lives, their mobility and their hope and independence back.

But...

I know we all want to do better and I think we can.

If the NHS is to be faster, safer, more effective and efficient it will only do that by finding out what to do, to make it faster, safer, more effective and efficient and that depends on all of us.

I know I said I wouldn't write about resolutions.

But...

It doesn't stop me asking us to make a promise.

The promise of Curiousness.

If you think you are doing a good job... you may be.

But...

Maybe, there is someone doing your job, somewhere else in the NHS... better.

But...

Maybe, you are the only person in the Service that is doing the job as well as you are doing it.

Maybe, your department, your team, your group is tight, cohesive, on the ball and delivering stunning stuff.

But...

Maybe there is a group, just like yours with an edge you don't have.

Unless you are curious. we will never know. The only way to improve, step-up, change gear is to be curious. Am I the best I can be? Is my team the top team?

Now, more than any time in the long history of the NHS, we need to find best and make it better. Make what we do easier by making it more effective. We need to pursue excellence and chase down brilliance.

The Academy of Fabulous Stuff and everyone involved is committed to curiosity. Sharing what works, ideas, thoughts, little things that become the big things and we think now, of all times, the NHS needs practical innovation, ideas that work and new ways.

But...

We can't do it unless you are curious. Curious, intrigued and dying to know about the best, the clever and the smart. Curious to know if what you do can help other people in what they do.

So, thank you for what you have done in a year we will probably all like to forget. And, next year, thank you for being curious...

No buts!

**Roy Lilley**

# #FabChanges22to23



## *Reconnect, Recharge, Rebuild, Renewal*

### **What's #FabChanges22to23 all about?**

This year we need to be mindful of the pressures & challenges of the last two years alongside the waiting list pressures & workforce challenges that lie ahead.

We also need to recognise that a focus on a single day once a year, doesn't fit well with QI improvement models or with the seasonal challenges faced by the NHS & Social care.

**What's the difference with #FabChanges22to23?** We are going back to the beginning & starting with a pledge - but rather than a focus on one specific day each year, we will have 4 stages & modules of activity supporting change, reflecting the four seasons of the year & allowing time to plan change activity within organisational challenges. Every individual, organisation & department is at a different point in their quality improvement & sharing journey.

Focus on Module 3

**Module 3 Rebuilding:** 2022-2023 Dec/Jan/Feb – how's your change going, how can we help?

[#FabChanges22to23 | Fab NHS Stuff](#)

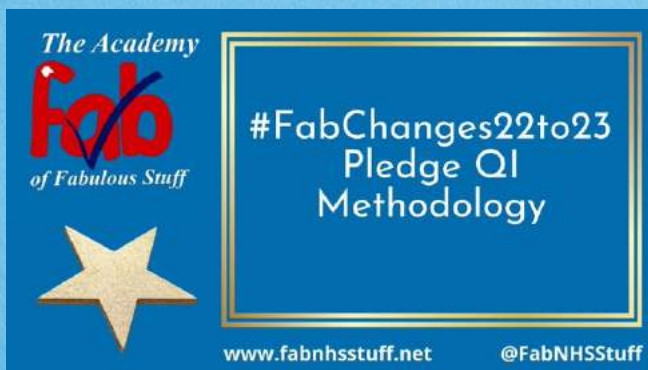


# #FabChanges22to23

## Module 1 Pledges Continue to come in...



Although we have seen the end of Module 1, we thought we would showcase some of our most popular Pledges, click on the images below to learn more:



All pledges can be found here:

[#FabChanges22to23 | Fab NHS](https://www.fabnhsstuff.net)

# #FabChanges22to23

## Module 2 Highlights.....



We had our **#ArtOfThePossible Festival**, but don't despair, if you have missed any of the events, you can catch up here:

[#ArtOfThePossible Festival 17th to 21st October - YouTube](#)

**KIND LANGUAGE SUPPORTING STAFF THROUGH BEREAVEMENT**  
JULES LEWIS

**My top tip:** - Remember that grief is unique there is no right or wrong way to grieve. Grief is love with nowhere to go, try and go with it. We don't all go through the stages of grief that many talk about. Really listen to those grieving, you can't fix their grief, but you can support them through it. Give them a safe space, time to talk, a drink, tissues and permission to cry. Poor support, bereavement cafes may be helpful.

**Suggested Resources / Reading:** - You can share this if you're able to by linking with your colleagues. The D.E.A. We only have 1 chance to get this right. Bereavement in a time of crisis. The Good Grief Trust.

The Art of the Possible Festival

**How to Support your Team By Being an Ally**

The head <sup>to</sup> case: The Black Lives Matter & #MeToo movements have forced people in positions of power to realize they must personally step up to make organisations safer & more inclusive. Read more [HERE](#).

White men can be effective allies to those employees by taking responsibility for their own behaviours, educating themselves about racism & privilege, getting & accepting feedback from people in underrepresented groups.

Become confidants to & sponsors of women & people of colour & make an diverse living goals & practices.

Vigilantly watch out for bias at work, intervening decisively you discover it.

Work to build a community of other allies against racism & sexism. This TED paper is a MUST read.

Microaffirmations: Little ways that you can affirm someone's identity; recognize & validate their experience & expertise; build confidence; develop trust; foster belonging & support someone in their career.

Microaffirmations can help mitigate & disrupt the harmful effects of historical oppression, systemic inequity, cultural marginalisation & personal biases.

Being an authentic ally - read more [HERE](#).

**Digital Post Card**

5 high impact actions you can do to improve staff wellbeing!

1. Choose to be kind, positive & have a 10 x potential mindset.
2. Be aware of your impact & the impact that others have on you.
3. Think about what you're thinking about. Thoughts become things.
4. Use the power of now to stay present & get the most out of life.
5. Use your personal power to be your best self & take control of your own destiny.

HEB-Kindness & Positivity Network

Kindness in the Workplace

THE ART OF THE POSSIBLE FESTIVAL

**SHARING BEST PRACTICE TO FACILITATE SERVICE IMPROVEMENT**  
ROY LILLEY

- Understanding the impact of sharing
- Inspection v's sharing
- The market stall
- SoMe

Find new management tips and ideas here, with 200 free books to download & click the image

The Art of the Possible Festival

**WHOSE SHOES MEANINGFUL COPRODUCTION WHEN WORKING TO IMPROVE PATIENT EXPERIENCE**  
GILL PHILLIPS

**TOP TIPS**

**Capacitation**  
Involve people in a genuine way - they see through fake consultation!  
Make people and their contributions. Listen - and then listen some more. Follow up WITH people. Have fun - see and actions and take those needed for it!

**Pledges**  
What is your why? Everyone is passionate about something! Help people believe that they can do something and make a difference. Small things add up - and sometimes lead to very big things - Don't get it alone. Reach out for support - and support others. Be present and share what you are doing.

**General**  
Connect with other people who are already doing it. The power of storytelling. Do it often - check stories, videos, podcasts. Be open to other perspectives as natural result of true listening! Don't overthink it and just do it. Be kind, be human, have fun!

**Further Resources**

**WHOSE SHOES FAB COLLECTION! HERE**

**WHOSE SHOES OUDSEIN!**

**WHOSE SHOES YOUTUBE CHANNEL**

**THESE ARE 2 GREAT EXAMPLES HERE AND HERE**

**WILD CARD - WHOSE SHOES PODCAST**

The Art of the Possible Festival

**LEADING BY EXAMPLE TO EMPOWER STAFF**  
ROY LILLEY

- ★ Environment, not culture
- ★ What should be the top of my to-do-list, today
- ★ Ring-fence, walk about time
- ★ What can we change for £50

Find more management tips and ideas here, with 200 free books to download & click the image

The Art of the Possible Festival

**SHARING BEST PRACTICE & NETWORKING BY STARTING SIMPLE**  
JENNIE NEGUS

**TOP TIPS**

- You can do all things, but you can't do everything! Start where you are, and what you have, do what you can
- Develop a language and core of energy
- Consider recording your story
- Use the star quality improvement programme
- Listen with 80% openness for evidence support
- Think of FAB Champions
- Make FAB champions who staff selection

**SUGGESTED READING AND RESOURCES:**

You can find the resources shared from LHM [HERE](#)

The Art of the Possible Festival

**TRAUMA INFORMED SUPPORT FOR YOUR COLLEAGUES**  
KENNY GIBSON

• Traumatic reactions are normal reactions to abnormal and sustainably stressful situations. Individuals' coping reactions post-trauma remain poorly understood

• Many HCW colleagues are now reporting and disclosing their trauma of working during the Covid pandemic, including their moral distress and moral injury which is, in turn impacting mental health conditions such as depression and PTSD

• We should all collaborate to ensure people feel safe and are facilitated to be curious and recover

**Reading Resources**

Hospital Injured Moral Distress and mental health during COVID-19

<https://www.researchprotocols.org/2020/1/e20010/>

Scan this QR code to access the free Self-guiding app

The Art of the Possible Festival

**RED TO GREEN WITH THE ECIST TEAM**

**TOP TIPS**

**Board Routes**

**Safe Patient Four Routes**

The key is to link them, safety and reliability with clinical deterioration using a 'Ward Improvement Board'

Keep it simple - get people - it's not rocket science. DO NOT PERFORMANCE MANAGE!

Keep the feedback to 10-20 mins - any longer and attention drops!

Keep the visible sign boards - have fun negotiating the green... but hold firm on principles.

Extend the process "This is how we do things on our ward". This will help, especially on Dr change over weeks

**Further Resources**

<https://www.researchprotocols.org/2020/1/e20010/>

<https://www.researchprotocols.org/2020/1/e20010/>

<https://www.researchprotocols.org/2020/1/e20010/>

Red to Green is a simple initiative that helps turn patients' 'red days' into value-adding 'green days' which help to facilitate a safe discharge from hospital.

The Art of the Possible Festival



Click on the images above to look at the Sessions Resources.



# #FabChanges22to23



**With the end of Module 2, we now enter a new season and a new Module.**

The module will cover Dec, Jan & Feb.

The aim of Module 3 is all about **Rebuilding** & asking how's your change going, how can we help?

**In this module we can link you up to experts and experienced HCP's who understand the topic you are focusing on and together we can help you to complete your pledge and share it on the website.**

**Because .....**

**Module 4 will be all about sharing, presenting and celebrating at a day long conference and awards show .....**

**So don't delay, let us know how we can help you complete your pledge and who knows you may be shortlisted at our 2023 awards**

If you would like to know more about any of our #FabChanges22to23 Modules or if you would like to know more & link up with any of the people who have shared during #FabChanges22to23 then please get in touch with Dani our Fab Facilitator on [Danni.Gillet@nhs.net](mailto:Danni.Gillet@nhs.net)



# Fab Ambassadors

- ◆ We have Over 120 Ambassadors across the 'WORLD'! Yes that's Right, we reach Holland, New Zealand & the whole of the UK.
- ◆ Our Volunteers have a hugely diverse set of skills.
- ◆ They are from a wide Array of Organisations & Professions.
- ◆ They Lead for the future; with Enthusiasm, Positivity, Knowledge & Hope.
- ◆ They are Solution Focused; helping those new to QI with their 'Bumps in the Road'.
- ◆ They help to Connect people Locally & Nationally.
- ◆ They Lead on Fab Change Day each year.

Check out who is near you & join our Fab Ambassador Family here:

[Ambassadors](#) | [Fab NHS Stuff](#)

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 **Liaison**  
Group



# Fab Talks Series



Welcome to our **#FabTalks series 3**

In this series of #FabTalks, you will have the opportunity to listen and engage with our guests.

We have completed 2 Fabulous Fab Talks series, with some amazing guests, if you missed any catch up here:

[FabTalks | Fab NHS Stuff](#)

Next We have lots of Fabulous People joining us; they are not to be missed.

**HomeShare Tuesday 17th January 2023 17:00-18:00**

<https://www.eventbrite.co.uk/e/fab-talks-with-share-care-home-share-tickets-427237748607>

**Paul Devlin coming up in February**

**If you know someone who would be great to interview, talk to and learn from please get in touch & let us know.**

[Contact Us | Fab NHS Stuff](#)

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# Positively Fabulous Podcast



Welcome to our brand new  
[#PositivelyFabulousPodcast](#)

In this brand new series, you will have the opportunity to listen to fabulous Health & Social Care Staff, from all over the UK, talk with passion and love for their current Job Role.

Here is our very first session to help set the scene:

<https://www.buzzsprout.com/2012254/11716961>

For more information and to keep up to date with new releases, check out our website here:

[FabCollections | Fab NHS Stuff](#)

If you would like to Chat to Dani about your Job, Passion and Love for the role, get in touch today:

[fabnhsstuff@gmail.com](mailto:fabnhsstuff@gmail.com)

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# Fab Collections

Here at Fab we like to showcase & share campaigns, check out our current campaigns here:

If something tickles your fancy, please do get in touch and get involved.



Each edition we will shine a light on a Trust, who underpins all we do here at the Fab Academy!

**This month's shining Fab Example is:  
Princess Alexandra Hospital NHS Trust**

**Hospitals NHS Trust  
SPECIAL EDITION**

# Updates and shares from the Princess Alexandra Hospital NHS Trust (Harlow, Essex)

## Inspired by my colleagues...

Hello, my name is Robbie and season greetings to you all. I am a proud Fab Ambassador and deputy director of quality improvement at The Princess Alexandra Hospital NHS Trust (PAHT). The Fab Academy newsletter is a perfect opportunity for me to share with you all two recent experiences that have really inspired me personally. These experiences are great examples of what brings me joy at work, but also illustrates one way quality improvement teams can bring real value to the organisations in which we work.



At least once a month I have the privilege of facilitating a learning and development session call 'delivering change and achieving quality improvement'. These sessions are for all grades and roles of hospital staff at PAHT. They give our people an introduction to quality improvement and leading change. Following a recent session with our theatres team leaders, a member of the team followed up with me for some advice and guidance about how to progress a quality improvement project. I was able to link them in with colleagues in informatics and IT teams, who are now supporting them provide the data they need to ensure they can measure improvement as well as an approach to automate the loan equipment ordering process with a digital solution. This will make the process paperless, remove duplication, reduce opportunity for human error and reduce associated delays. Ultimately this will reduce the number of on the day theatre cancellations improving outcomes and experience for our patients, as well as helping to address unnecessary stress for staff.

Another similar example, was when I facilitated a short introduction to quality improvement as part of our Trust's managers induction. Following the session a midwife asked to meet with me as she had a change she wanted to achieve in her team, but she was struggling to progress things from an idea to the delivery of change. Following some initial advice and guidance, I linked her in with the business change manager who, alongside a finance business partner, helped draft a proposal for improved working and shift patterns. It was wonderful being in the room when this was presented and discussed with a group of community midwives. There is now a real commitment to changing ways of working that will result improvements in the health and wellbeing of the team (community midwives), a financial saving as a result of reducing the reliance on bank and agency as well as ultimately a higher standard of service for the mothers and babies in our care.

My reflection is that with a bit of encouragement, confidence gained from competence and support, our people can be the change they wish to see in the care and services that we provide. I am also sharing this with you all as a reminder that we are not alone and asking for help is a sign of strength, not a weakness. I am hoping that some of you reading this are encouraged get involved, participate or lead quality improvement.

I wish you all a very merry Christmas and a new year bursting with positive change and improvement, *Robbie*



Following on from what Robbie shared, I think it's clear to see that those individuals were *intrinsically motivated* (driven by internal commitment and agency) to make change/improvements in their area, which is amazing.

As we all know, there is a huge need for improvement and transformational change in the NHS and we know that this is best delivered by front-line teams and one thing that often gets in the way, is a lack of intrinsic motivation. As the IHI's Psychology of Change framework points out, unleashing intrinsic motivation is a key component to advance and sustain improvement.

If people don't have that internal commitment and agency to act, we can often see resistance to change which is a huge barrier in progressing improvement work.

So what can we do?

Things that we find incredibly helpful are:

- Upskilling our people so that they have the knowledge they need to engage in QI (through our training and development sessions)
- Bringing Quality Improvement to life by sharing previous projects completed by certain groups/staff members, to people in similar roles (to aid relatedness)
- Acknowledging improvement efforts (regardless of project success, as hard work should always be recognised)
- Giving our people a voice and the confidence to share improvement ideas
- Co-production
- Going '**out and about**':  
We were fully inspired after attending Roy Lilley's session on 'sharing best practice to facilitate service improvement' during #TheArtOfThePossible week. We heard about the importance of walking about and starting conversations with the people on the floor, asking how they are and how we (as improvement teams) can make things easier for them. Roy stressed in the session that if we want to know what to do better, we need to ask the people doing the jobs and so that is exactly what we did. We went 'Out and About' and visited lots of different areas of the hospital and had lots of wonderful conversations with both teams and individuals, from nurses to ward clerks and AHPs and we are now making 'Out and About' hour, a regular thing in our calendars!

Now, think about how *you* can put these in to practice or think about what will help you unleash intrinsic motivation in you people, so that they have the ability to make the change and improvements that they want to see!

Have a lovely Christmas everyone! *Courtenay* (Quality improvement project co-ordinator)

**Meet Katie, our Junior Doctor champion for QI and hear about the amazing work she is doing:**

I'm currently a junior doctor working at the Princess Alexandra Hospital NHS Trust (PAHT) in Harlow, England. As part of my work as a junior doctor, I am the Junior Doctor Champion for Quality Improvement (QI), Audit and Safety. I work with our Quality First Team at the PAHT to support junior doctors to carry out QI projects (QIPs). Additionally, I am involved with the weekly 'Fri-QI-Day' meetings. These meetings are a great way to bring together a diverse range of clinicians and healthcare professionals join heads and plan how to improve our clinical environments. During these meetings, junior doctors and other healthcare professionals and trainees share learning, present their current QIP ideas and learn about bite-sized chunks of QI methodology over lunch. Junior doctors also have the opportunity pitch their QIPs at the end of the academic year at the yearly 'Dragon's Den'. This is judged by a panel of senior staff with





I think you will agree, that the  
are truly Fabulous!

Thank You for sharing all you are doing with us!

Did you know that you can apply for Trust/  
Department Fab Academy Accreditation?

If you would like to learn more about how your  
trust/department can gain the recognition for be-  
ing true to QI & Transformation, from the bottom  
up & putting Quality First with our Accreditation,  
get in touch here: [Contact Us | Fab NHS Stuff](#)

P.s. Did I tell you, that you gain a shiny plaque to  
show off too?!

# Recent Events .....

## Quality Improvement for Patients, People & Planet

Click on the image below to access the weeks resources.....

**Quality Improvement for our Patients, People and Planet**

**The Agenda**

**Monday 31 October**

- 11.00 - 12.00 **Welcome to Quality Improvement for Our Patients, People and Planet Week!**  
The Centre for Sustainable Healthcare  
[More information and sign up](#)
- 14.00 - 14.30 **Tackling the single use and manufacturing of walking aids: reducing carbon emissions**  
Imperial NHS Foundation Trust  
[More information and sign up](#)

**Tuesday 1 November**

- 10.00 - 10.30 **Issuing and returning T34 syringe driver pumps: saving costs, reducing ordering and reducing plastic**  
The Streebory and Telford Hospital NHS Trust  
[More information and sign up](#)
- 11.00 - 11.30 **The Academy of FAB NHS Staff**  
Dr Tarek Ponnati, Director The Academy of Fab Staff  
[More information and sign up](#)
- 12.00 - 12.30 **Green Surgery: insights from the winners of the Centre for Sustainable Healthcare's competition**  
Leeds Teaching Hospitals NHS Trust  
[More information and sign up](#)
- 14.00 - 14.30 **Turning off Desflurane: reducing anaesthetic gas waste**  
Somerset NHS Foundation Trust  
[More information and sign up](#)
- 15.30 - 16.00 **Reusable sharpsport containers: reducing single use plastic, sharps injuries and carbon emissions**  
Barking Havering and Redbridge University Hospitals Trust  
[More information and sign up](#)

**Wednesday 2 November**

- 10.00 - 10.30 **Reducing medicines waste**  
Yusuf District Hospital NHS Foundation Trust  
[More information and sign up](#)
- 12.00 - 13.00 **Metrics Matter: measuring sustainability in improvement work**  
A discussion led by The Centre for Sustainable Healthcare  
[More information and sign up](#)
- 14.00 - 14.30 **Sustainable respiratory: reducing MDI inhaler prescriptions and use**  
King's College Hospital NHS Foundation Trust  
[More information and sign up](#)

**Thursday 3 November**

- 11.30 - 12.00 **Reducing Nitrous Oxide gas waste**  
King's College Hospital NHS Foundation Trust  
[More information and sign up](#)
- 15.00 - 15.30 **Pre-Assessment Leaflets: reducing printing costs, paper costs and staff time**  
The Streebory and Telford Hospital NHS Trust  
[More information and sign up](#)

**Friday 4 November**

- 11.00 - 12.00 **Finals of Quality Improvement for Our Patients, People and Planet Week**  
Contributions from:  
Catherine Richards, SUSQI Programme Lead at The Centre for Sustainable Healthcare  
Dorri Gillet, Facilitator at The Academy of FAB NHS Staff  
Jon Wilks, CEO of The Institute for Health and Social Care Management  
Elaine Mead, Executive Director of Improvement, Care and Compassion, ICAC, Chair of Greater Care SK  
[More information and sign up](#)

Catch Up on all the QI for Patients, People & Planet Sessions Here:

[Quality Improvement for Our Patients, People and Planet - YouTube](#)



With thanks to our Partners



Without our sponsors all of our other Fab Stuff wouldn't be a reality; so a HUGE thank you to each & everyone of you for making it all possible!



# Happy New Year



**From all of us here  
at the Academy of  
Fabulous NHS Staff  
for all you do & for  
reading our  
Newsletter!**



*The Academy*  
**fab**  
*of Fabulous Staff*