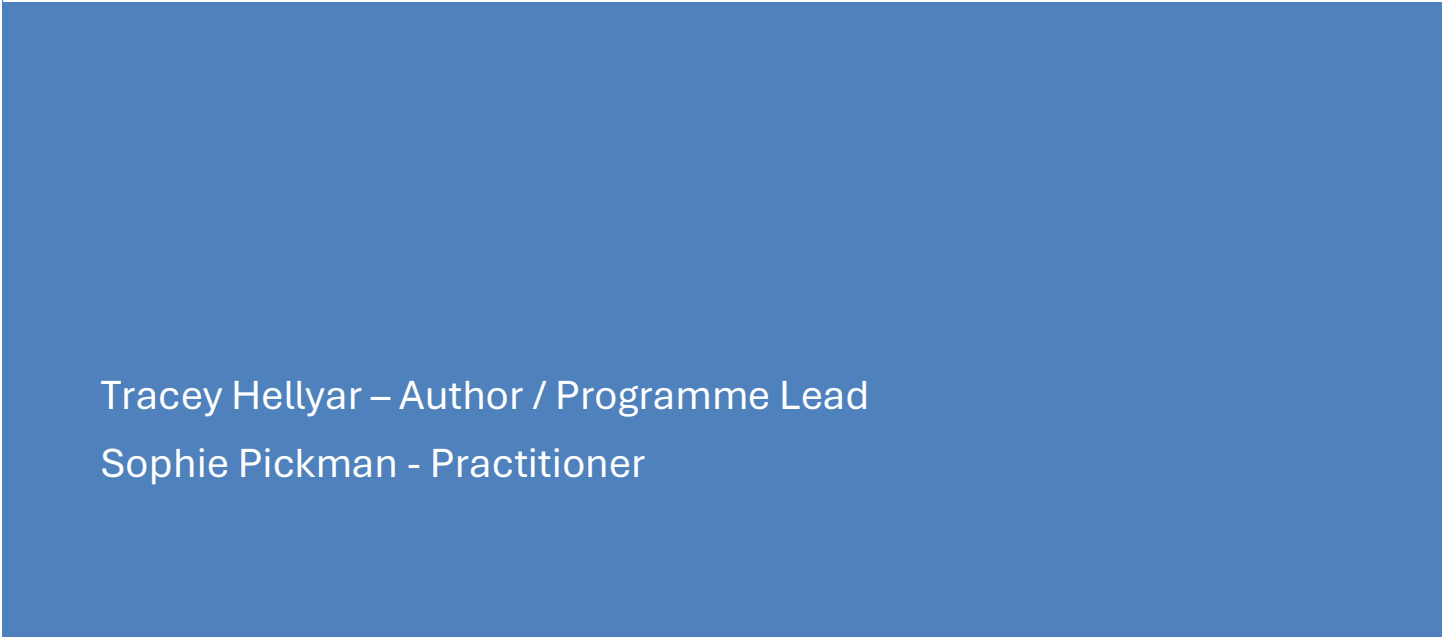




# A LIGHT TOUCH VAPE BASED HARM REDUCTION MODEL FOR PEOPLE EXPERIENCING HOMELESSNESS: EVALUATION OF A SUPPORTED ACCOMODATION SMOKING CESSATION PROGRAMME IN SOMERSET



Tracey Hellyar – Author / Programme Lead  
Sophie Pickman - Practitioner

## Light Touch Homeless Project Evaluation

### Introduction

The Light Touch Homeless project was developed as an adaptation of the Smokefree Somerset Light Touch model to better meet the needs of people living in supported accommodation and experiencing housing instability.

Traditional stop smoking services rely on ongoing engagement, regular appointments, and consistent contact with individuals. However, for this client group, these expectations are often not realistic. Many residents experience complex and competing priorities, including mental health challenges, substance use, and frequent changes in accommodation. Maintaining regular contact can therefore be difficult, and individuals may disengage from standard services despite an interest in reducing or stopping smoking.

In response, the Light Touch model was adapted to remove as many barriers to engagement as possible. The programme focuses on easy access to vape products, minimal administrative burden, and flexible support, allowing clients to engage at their own pace without the pressure of structured appointments. Vapes and e-liquids are provided through a simple ordering system, coordinated in partnership with staff within supported housing settings, enabling ongoing access even where direct client contact may be limited.

This approach recognises that, for this group, harm reduction is a key priority. Many individuals supported through this programme may not have previously attempted to quit smoking, and reducing cigarette consumption can represent a significant and meaningful step towards improved health. The model therefore values both quitting and cutting down as positive outcomes, reframing success in a way that is realistic and appropriate for the population.

Importantly, the model is designed to work within the realities of supported accommodation. While engagement is strong during the period in which clients remain within the setting, continued support becomes challenging once individuals move on. As a result, loss to follow-up at later stages is expected and reflects structural limitations rather than a lack of impact.

Overall, the adapted Light Touch approach provides a pragmatic, accessible and person-centred model of support, designed to reach individuals who may otherwise not engage with stop smoking services, and to deliver meaningful health benefits through both cessation and harm reduction.

### About this evaluation

This evaluation is based on routinely collected programme monitoring data from the Smokefree Somerset Light Touch Homeless project. The analysis includes all 31 clients recorded within the dataset and focuses on engagement, programme completion, smoking outcomes and product preferences. Outcomes have been reported using service monitoring data collected throughout delivery of the programme.

The evaluation has been undertaken as a service review to assess the feasibility, acceptability and early outcomes of the adapted Light Touch model. It is intended to support service learning and development and

should not be interpreted as formal research. The findings provide a practical assessment of how the model performed within supported accommodation settings and identify opportunities for future improvement and expansion.

## Key headlines

- 30 of 31 recorded clients reached the end of the programme (96.8%).
- At 4 weeks, 16 clients quit (53.3%)
- 19 completed clients (63.3%) were LTFU by 12 weeks after leaving the building, meaning longer-term outcomes could not be followed up.

## Interpretation

The pattern is encouraging for a population that can be difficult to engage with and where continuity of support is often interrupted by housing moves or crisis. The data suggests the offer is acceptable enough for most clients to stay with it through the 12-week voucher period, with meaningful early behaviour change by 4 weeks and a sustained group of quitters by 12 weeks. Importantly, clients who reported cutting down should not be seen as unsuccessful; in this context, reduction is a worthwhile harm-reduction gain and may represent the first realistic step away from smoking.

LTFU at 12 weeks appears to be driven by clients leaving supported accommodation rather than disengagement from the vape offer itself. That matters when interpreting outcomes: the service may have helped clients while they were in a setting where support could be delivered, but once they leave the building there is currently no reliable mechanism to continue follow-up. This means the 12-week figures are likely to understate the full benefit achieved for some people.

Cut Down to Stop activity is not specifically recorded within this dataset, as this is a Department of Health return which captures verified quits only, rather than reductions.

## Visual summary

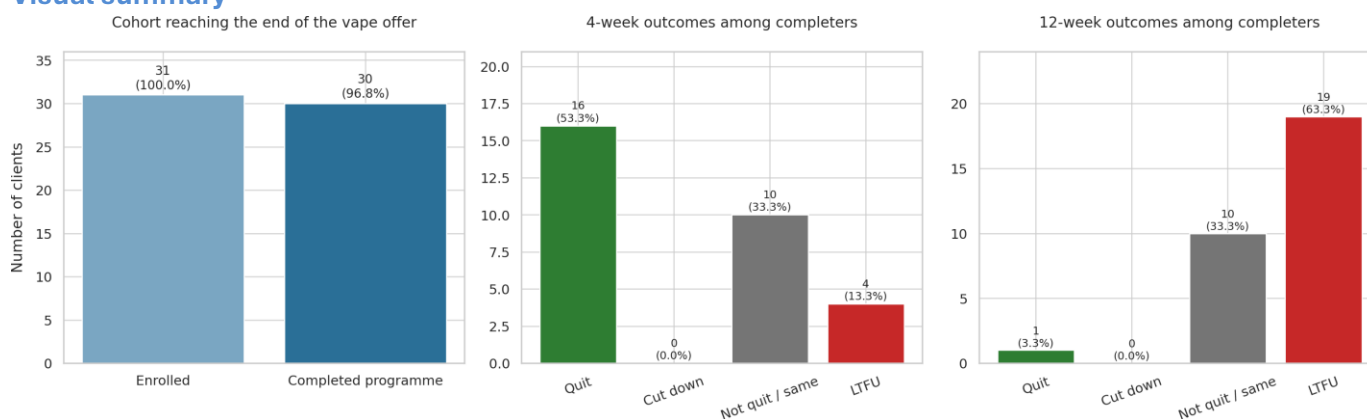


Figure 1. Cohort completion and recorded 4-week/12-week outcomes.

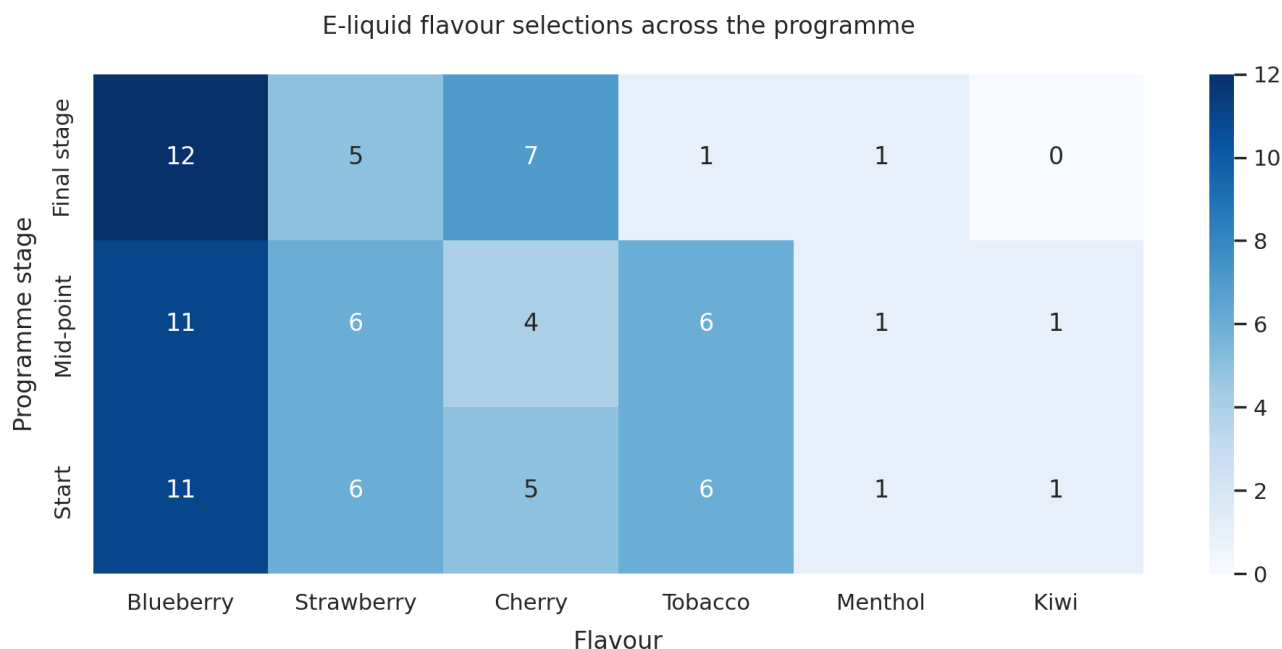


Figure 4. Flavour preferences across the programme stages.

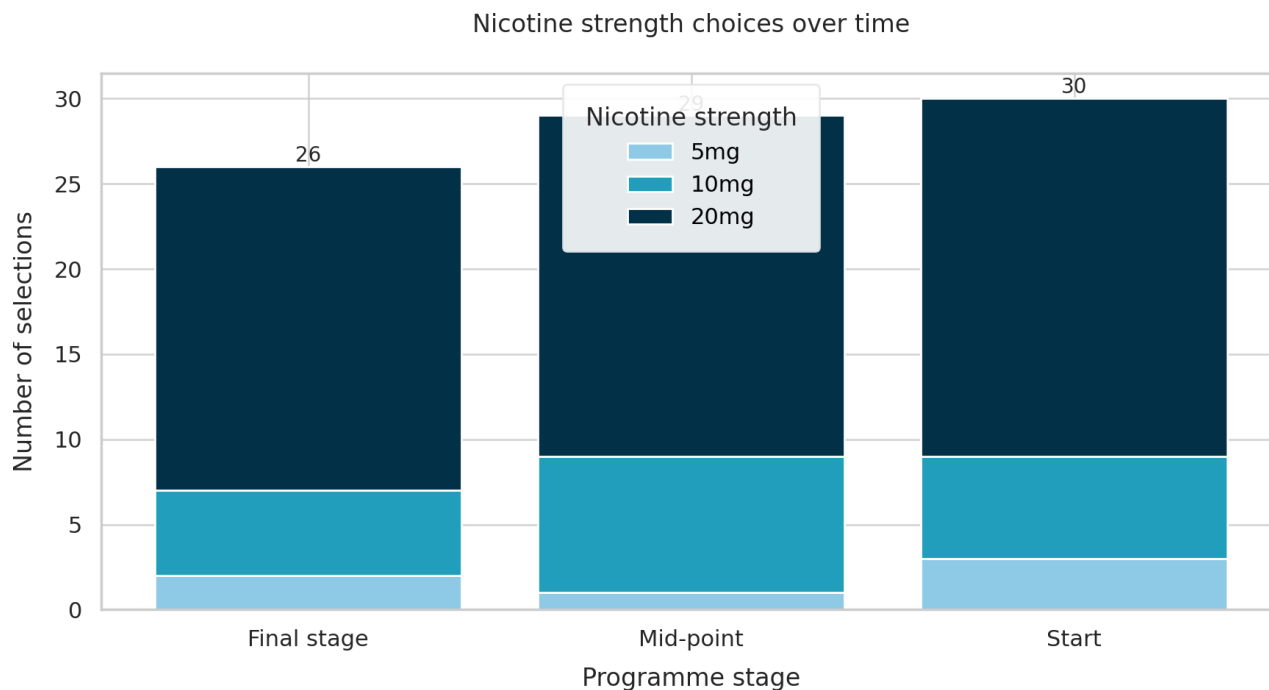


Figure 5. Nicotine strength choices across the programme stages.

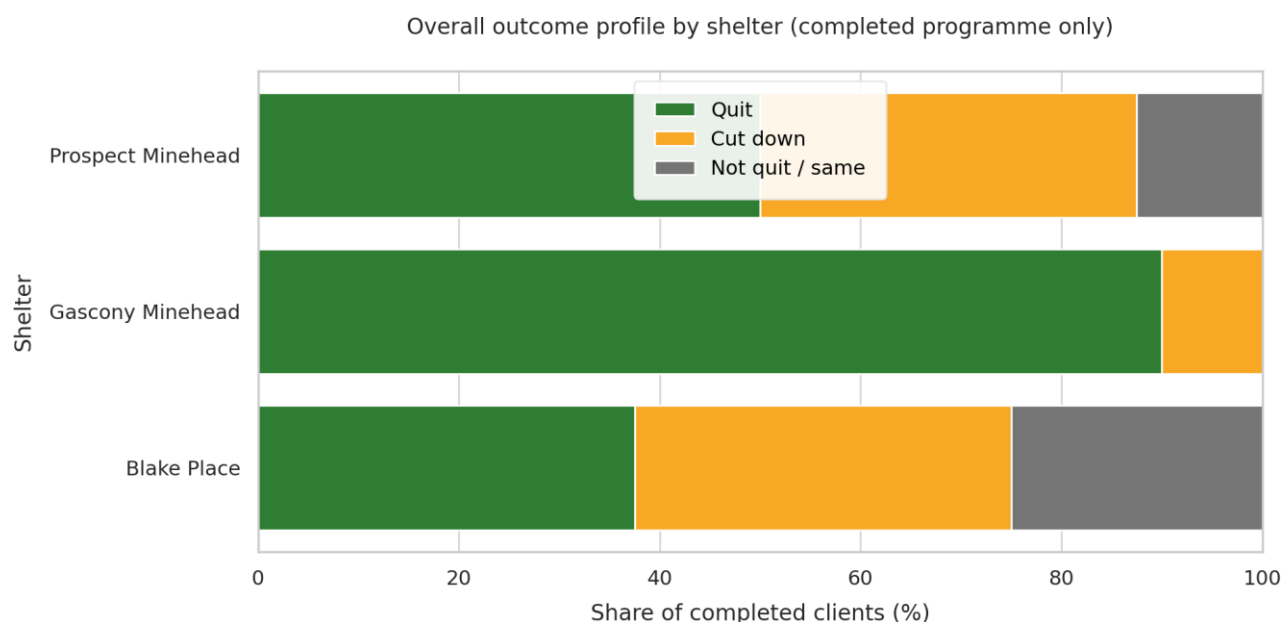


Figure 6. Overall outcome profile by shelter for clients who completed the programme.

## Detailed findings

### 1) Programme completion and retention

The dataset contains 31 clients in total. Of these, 30 had a week 9–12 voucher redemption recorded and were therefore treated as having completed the programme period. Only 1 client did not reach this stage. This suggests the practical design of the Light Touch model is workable within supported accommodation settings, especially given the complexity often associated with homelessness and temporary accommodation.

### 2) 4-week outcomes

Within the completed cohort, 4-week outcomes were: 16 quit, 10 not quit/same, and 4 LTFU. The combined quit-or-cut-down group therefore reached 16 clients, equivalent to 53.3% of everyone who completed the programme. This represents a strong early signal that a low-barrier, vape-based approach can engage individuals who may not otherwise access stop smoking support and can generate meaningful early behaviour change.

### 3) 12-week outcomes

At 12 weeks, recorded outcomes in the completed cohort were 1 quit, 10 not quit/same, and 19 LTFU. Because LTFU clients had left the building and could no longer be supported or followed up, the most transparent way to present this is in two ways: across the full completed cohort, and among those with a known 12-week outcome. On the full cohort basis, quit or cut down was seen in 1 of 30 clients (3.3%). Restricting to known 12-week outcomes only, this rises to 1 of 11 (9.1%).

#### 4) Flavour preferences and client choice

Flavour choice appears to be an important part of engagement. At the start of the programme, the most common flavours were Blueberry/20mg (8), Tobacco/20mg (5), Strawberry/20mg (4), Blueberry/5mg (2), Cherry/20mg (2). In the mid-point orders, Blueberry/20mg (9), Tobacco/20mg (4), Strawberry/20mg (3), Strawberry/10mg (3), Cherry/20mg (2). In the final stage, Blueberry/20mg (10), Cherry/20mg (4), Strawberry/20mg (4), Cherry/10mg (2), Blueberry/10mg (2).

Blueberry/20mg was the most consistently selected option across all stages, suggesting that fruit flavours may be particularly acceptable in this group. Tobacco flavour remained relevant for some clients, especially earlier in the journey, which may reflect a preference for a more familiar transition away from smoking. The spread of flavours across stages also suggests the value of offering choice rather than a one-size-fits-all approach.

#### 5) Nicotine strengths and progression

Most selections were 20mg products throughout the pathway, with smaller numbers using 10mg and very few using 5mg. This is consistent with the needs of a group likely to have high nicotine dependence and supports the case for offering sufficiently strong products at the outset. Lower strengths appeared, but remained a minority choice, suggesting that initial adequacy of nicotine replacement may be more important than rapid step-down in the early months.

#### 6) Accommodation-level picture

Completed clients were not evenly distributed across sites, so the accommodation chart should be read as a descriptive picture rather than a performance comparison. Even so, it is useful for showing that positive outcomes were not confined to a single site and that harm-reduction gains were evident across the supported accommodation offer.

#### Strengths of the project so far

- High practical completion of the 12-week offer, despite the instability often associated with homelessness and temporary accommodation.
- Evidence of early benefit: many clients had either quit or cut down by 4 weeks.
- Clear harm-reduction value: Cutting down is clinically meaningful for this population, many of whom may not otherwise engage with stop smoking support. While reductions are not captured within Department of Health reporting, they are recorded within the 1S4H database.
- Flavour choice and ongoing ordering appear to support retention and acceptability.
- The model is practical, low-burden and feasible for staff within supported accommodation settings to support and sustain.

### Limitations and interpretation cautions

- The dataset is small, so percentages should be interpreted carefully.
- 12-week LTFU is a structural limitation: once clients leave the building there is currently no mechanism to continue support or obtain follow-up outcomes.
- The analysis focuses on clients who completed the programme period; this gives a fair picture of what happened among those who stayed in scope, but it is not the same as an intention-to-treat analysis of everyone referred.

### Learning applied to practice

Early findings from this evaluation have already informed several service developments aimed at improving longer-term engagement and reducing loss to follow-up. These changes have been implemented in response to the high number of clients who were lost to follow-up after leaving supported accommodation.

As a relapse prevention measure, the duration of vape support has been extended from 12 weeks to 16 weeks. Where available, unused vape bundles from clients who did not complete the programme are now being reallocated to support residents who may benefit from an extended period of access to e-liquids and pods.

To improve continuity of support after residents leave supported accommodation, venue team leaders are now being asked to seek consent to share contact details with Smokefree Somerset where appropriate. This enables the Stop Smoking Practitioner to contact clients directly and offer continued support beyond their stay in the accommodation setting.

In addition, QR code posters are being introduced across participating venues. These link to a short Microsoft Form that allows residents who are leaving accommodation to self-refer for ongoing support and provide their preferred contact details. This serves as a back-up mechanism to reduce loss to follow-up and maintain access to the programme for those who wish to continue receiving support.

### Overview

The Light Touch Homeless project shows promising early results for a population that would often be considered hard to engage in traditional stop smoking pathways. Of the 31 clients recorded in the dataset, 30 (96.8%) reached the end of the 12-week vape offer. Among those completing the programme, 16 (53.3%) had either quit smoking or cut down by 4 weeks. At 12 weeks, 1 client had either quit or cut down; this represents 3.3% of the completed cohort overall, or 9.1% of clients with a known 12-week outcome. A key limitation is that clients who are lost to follow-up often do so because they leave supported accommodation, meaning the service has no current mechanism to continue support after this point. Even

with this limitation, the project demonstrates clear harm-reduction benefit and supports people who may never otherwise have attempted a quit attempt.

### Appendix: counts table

| Outcome category | 4 weeks | 12 weeks | Overall outcome |
|------------------|---------|----------|-----------------|
| Quit             | 16      | 1        | 16              |
| Cut down         | 0       | 0        | 7               |
| Not quit / same  | 10      | 10       | 3               |
| LTFU             | 4       | 19       | 0               |

- this is a feasible and engaging model
- it retains clients through the offer
- it generates early quitting success
- it likely delivers additional harm-reduction benefit
- 12-week outcome capture is weakened by housing movement / leaving the building, not necessarily poor intervention performance

### Why This Matters

People experiencing homelessness continue to have some of the highest smoking rates and face significant barriers to accessing traditional stop smoking services. This evaluation suggests that adapting the method of delivery, rather than expecting individuals to engage with conventional models, can increase participation and generate meaningful early behaviour change. While longer-term outcome capture remains challenging, the findings support the use of flexible, low-barrier approaches as part of efforts to reduce health inequalities among underserved populations

### Partner Feedback – YMCA Dulverton Group

Feedback from YMCA colleagues highlights the positive reception of the Light Touch vape offer within supported housing:

*“We have had our first delivery of vapes and our customers have asked me to pass on their gratitude.”*

— YMCA Minehead staff

*“Have a merry Christmas from all the staff at YMCA Minehead.”*

Hi Donna,

Following our recent conversation, I wanted to highlight how delighted Smokefree Somerset is to be supporting residents at YMCA Dulverton Group. The engagement has been outstanding, with so many clients taking positive steps towards quitting smoking by choosing to use a vape.

Hearing about each successful quit is incredibly rewarding, particularly given how challenging it can be to reach this group. Your commitment and support are making a genuine, life-changing difference.

Our partnership has been a real success story, and we're now expanding this model to support other charities across the county. Please do continue referring residents to us, we're always ready to welcome new clients and help them on their quit journey.

Kind regards,

**Sophie Pickman**

Feedback from YMCA staff reinforces the positive findings within the data. Residents have expressed gratitude for the support and the opportunity to access vape products, and staff report strong engagement with the offer. This is particularly significant given that many individuals within this group may not otherwise attempt to quit smoking. The combination of high engagement, early behaviour change, and positive resident feedback suggests the Light Touch model is both effective and acceptable, providing a valuable harm reduction approach within supported housing settings.

### **Future and Service Development**

The next phase of the Light Touch Homeless project will focus on sustaining and expanding delivery, building on the strong engagement already seen within YMCA-supported accommodation.

Within existing venues, the aim is to continue supporting residents as they move through the service, recognising the transient nature of this population. As clients move on from supported accommodation, new residents will continue to enter the system. The Light Touch model will remain embedded within these settings, ensuring that new clients can access support quickly and easily, while maintaining continuity of the offer at venue level. This approach allows the service to remain responsive and ensures that opportunities to engage smokers are not missed.

In addition to ongoing YMCA delivery, delivery has now commenced within Eastleigh Court, Taunton, through our partnership with Rethink Mental Illness. At the time of writing, nine residents have signed up for support and are approaching their four-week review point. Early uptake has been encouraging and will help assess whether the positive engagement seen within the homelessness pilot can be replicated within supported housing for people experiencing mental ill health.

This pilot represents an important extension of the model into supported housing for people with mental health needs, where smoking rates are known to be higher and barriers to accessing traditional services can be significant.

Rethink Mental Illness have identified this programme as an opportunity to:

- demonstrate a proactive approach to reducing fire risk within their properties
- support tenants to quit smoking or reduce harm in a supportive, non-judgemental way
- improve overall health and wellbeing outcomes for residents

Subject to successful implementation at Eastleigh Court, there are plans to roll out the Light Touch model across Rethink's five supported living properties, significantly increasing the reach of the programme across Somerset.

The findings suggest that when stop smoking support is designed around the realities of homelessness and supported housing, engagement becomes possible and meaningful health improvement can follow.

## Appendix 1: Source data

| Client ID | Shelter name      | Postcode | Team Leader name | Referral date | Start date | First e-liquid flavour | Date Voucher Code weeks 1-4 redeemed online | Smoking status: Quit/ cut down/ same | Next e-liquid flavour | Date Voucher Code weeks 5-8 redeemed online | Smoking status: Quit/ cut down/ same | Next e-liquid flavour | Date Voucher Code weeks 9-12 redeemed online | Overall Outcome | 4 weeks            | 12 weeks           |
|-----------|-------------------|----------|------------------|---------------|------------|------------------------|---------------------------------------------|--------------------------------------|-----------------------|---------------------------------------------|--------------------------------------|-----------------------|----------------------------------------------|-----------------|--------------------|--------------------|
| 53206     | Blake Place       | TA6 5AU  | Caroline Brunt   | 07/11/2025    | 10/11/2025 | Kwi/20mg               | 10/11/2025                                  | Same                                 | Tobacco/20mg          | 11/12/2025                                  | Quit                                 | Blueberry/20mg        | 05/01/2026                                   | Quit            | Quit (self report) | Quit (self report) |
| 53186     | Blake Place       | TA6 5AU  | Caroline Brunt   | 07/11/2025    | 10/11/2025 | Tobacco/20mg           | 10/11/2025                                  | Quit                                 | Blueberry/20mg        | 11/12/2025                                  | Quit                                 | Blueberry/20mg        | 05/01/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53207     | Blake Place       | TA6 5AU  | Caroline Brunt   | 07/11/2025    | 10/11/2025 | Tobacco/20mg           | 10/11/2025                                  | Same                                 | Tobacco/20mg          | 11/12/2025                                  | Same                                 | Blueberry/20mg        | 05/01/2026                                   | Same            | Not quit           | Not quit           |
| 48452     | Blake Place       | TA6 5AU  | Caroline Brunt   | 07/11/2025    | 10/11/2025 | Blueberry/20mg         | 10/11/2025                                  | Same                                 | Strawberry/20mg       | 11/12/2025                                  | Same                                 | Blueberry/20mg        | 05/01/2026                                   | Same            | Not quit           | Not quit           |
| 53208     | Blake Place       | TA6 5AU  | Caroline Brunt   | 07/11/2025    | 10/11/2025 | Blueberry/20mg         | 10/11/2025                                  | Same                                 | Blueberry/20mg        | 11/12/2025                                  | Cut down                             | Cherry/20mg           | 05/01/2026                                   | Cut down        | Not quit           | Not quit           |
| 52833     | Blake Place       | TA6 5AU  | Caroline Brunt   | 07/11/2025    | 10/11/2025 | Tobacco/20mg           | 10/11/2025                                  | Same                                 | Kwi/20mg              | 11/12/2025                                  | Quit                                 | Blueberry/20mg        | 05/01/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53205     | Blake Place       | TA6 5AU  | Caroline Brunt   | 07/11/2025    | 10/11/2025 | Tobacco/20mg           | 10/11/2025                                  | Same                                 | Tobacco/20mg          | 11/12/2025                                  | Cut down                             | Strawberry/20mg       | 05/01/2026                                   | Cut down        | Not quit           | Not quit           |
| 53214     | Blake Place       | TA6 5AU  | Caroline Brunt   | 07/11/2025    | 10/11/2025 | Tobacco/20mg           | 10/11/2025                                  | Same                                 | Blueberry/20mg        | 11/12/2025                                  | Cut down                             | Blueberry/20mg        | 05/01/2026                                   | Cut down        | LTFU               | LTFU               |
| 53239     | Blake Place       | TA6 5AU  | Caroline Brunt   | 12/11/2025    | 17/12/2025 | Blueberry/20mg         | 17/12/2025                                  | Cut down                             | Blueberry/20mg        | 12/01/2026                                  | Cut down                             | Blueberry/20mg        | 12/02/2026                                   | Cut down        | Not quit           | Not quit           |
| 53525     | Prospect Minehead | TA24 5BB | Sally Stacey     | 15/12/2025    | 17/12/2025 | Cherry/5mg             | 17/12/2025                                  | Same                                 | Strawberry/10mg       | 29/01/2026                                  | Quit                                 | Cherry/5mg            | 05/03/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53526     | Prospect Minehead | TA24 5BB | Sally Stacey     | 15/12/2025    | 17/12/2025 | Blueberry/20mg         | 17/12/2025                                  | Cut down                             | Strawberry/10mg       | 29/01/2026                                  | Cut down                             | Strawberry/10mg       | 05/03/2026                                   | Cut down        | Not quit           | Not quit           |
| 53527     | Prospect Minehead | TA24 5BB | Sally Stacey     | 15/12/2025    | 17/12/2025 | Blueberry/20mg         | 17/12/2025                                  | Same                                 | Blueberry/20mg        | 29/01/2026                                  | Cut down                             | Blueberry/20mg        | 05/03/2026                                   | Cut down        | Not quit           | Not quit           |
| 53528     | Prospect Minehead | TA24 5BB | Sally Stacey     | 15/12/2025    | 17/12/2025 | Strawberry/20mg        | 17/12/2025                                  | Same                                 | Strawberry/20mg       | 29/01/2026                                  | Quit                                 | Blueberry/20mg        | 05/03/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53536     | Prospect Minehead | TA24 5BB | Sally Stacey     | 15/12/2025    | 17/12/2025 | Strawberry/20mg        | 17/12/2025                                  | Same                                 | Cherry/20mg           | 29/01/2026                                  | Quit                                 | Cherry/20mg           | 05/03/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53537     | Prospect Minehead | TA24 5BB | Sally Stacey     | 15/12/2025    | 17/12/2025 | Tobacco/20mg           | 17/12/2025                                  | Same                                 | Tobacco/20mg          | 29/01/2026                                  | Same                                 | Strawberry/20mg       | 05/03/2026                                   | Same            | Not quit           | Not quit           |
| 53981     | Prospect Minehead | TA24 5BB | Sally Stacey     | 29/01/2026    | 30/01/2026 | Blueberry/5mg          | 30/01/2026                                  | Cut down                             | Blueberry/20mg        | 05/03/2026                                  | Cut down                             | Blueberry/20mg        | 02/04/2026                                   | Quit            | Not quit           | Not quit           |
| 53986     | Prospect Minehead | TA24 5BB | Sally Stacey     | 29/01/2026    | 30/01/2026 | Blueberry/5mg          | 30/01/2026                                  | Quit                                 | Tobacco/5mg           | 05/03/2026                                  | Quit                                 | Tobacco/5mg           | 02/04/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53929     | Prospect Minehead | TA24 5BB | Donna Archer     | 15/12/2025    | 17/12/2025 | Strawberry/10mg        | 17/12/2025                                  | Same                                 | Blueberry/10mg        | 29/01/2026                                  | Quit                                 | Blueberry/10mg        | 05/02/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53931     | Gascony Minehead  | TA24 5BB | Donna Archer     | 15/12/2025    | 17/12/2025 | Cherry/10mg            | 17/12/2025                                  | Same                                 | Cherry/10mg           | 29/01/2026                                  | Quit                                 | Strawberry/20mg       | 05/02/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53532     | Gascony Minehead  | TA24 5BB | Donna Archer     | 15/12/2025    | 17/12/2025 | Cherry/20mg            | 17/12/2025                                  | Same                                 | Blueberry/20mg        | 29/01/2026                                  | Quit                                 | Blueberry/20mg        | 05/02/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53534     | Gascony Minehead  | TA24 5BB | Donna Archer     | 15/12/2025    | 17/12/2025 | Blueberry/10mg         | 17/12/2025                                  | Same                                 | Blueberry/20mg        | 29/01/2026                                  | Quit                                 | Cherry/20mg           | 05/02/2026                                   | Quit            | Quit (self report) | LTFU               |
| 51488     | Gascony Minehead  | TA24 5BB | Donna Archer     | 15/12/2025    | 17/12/2025 | Cherry/10mg            | 20/01/2026                                  | Same                                 | Cherry/10mg           | 29/01/2026                                  | Quit                                 | Cherry/10mg           | 05/02/2026                                   | Quit            | Quit (self report) | LTFU               |
| 47648     | Gascony Minehead  | TA24 5BB | Donna Archer     | 15/12/2025    | 17/12/2025 | Strawberry/20mg        | 17/12/2025                                  | Same                                 | Cherry/20mg           | 29/01/2026                                  | Quit                                 | Cherry/10mg           | 05/02/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53535     | Gascony Minehead  | TA24 5BB | Donna Archer     | 15/12/2025    | 17/12/2025 | Blueberry/20mg         | 17/12/2025                                  | Same                                 | Blueberry/20mg        | 29/01/2026                                  | Cut down                             | Cherry/20mg           | 05/02/2026                                   | Cut down        | Not quit           | Not quit           |
| 53539     | Gascony Minehead  | TA24 5BB | Donna Archer     | 15/12/2025    | 17/12/2025 | Blueberry/20mg         | 17/12/2025                                  | Same                                 | Blueberry/20mg        | 29/01/2026                                  | Cut down                             | Cherry/20mg           | 05/02/2026                                   | lost vape       | LTFU               | LTFU               |
| 53983     | Gascony Minehead  | TA24 5BB | Donna Archer     | 29/01/2026    | 30/01/2026 | Menthol/20mg           | 30/01/2026                                  | Same                                 | Menthol/20mg          | 05/02/2026                                  | Quit                                 | Menthol/20mg          | 02/04/2026                                   | Quit            | Quit (self report) | LTFU               |
| 53985     | Gascony Minehead  | TA24 5BB | Donna Archer     | 29/01/2026    | 30/01/2026 | Cherry/20mg            | 30/01/2026                                  | Same                                 | Tobacco/10mg          | 06/03/2026                                  | Cut down                             | Strawberry/10mg       | 02/04/2026                                   | Quit            | Quit (self report) | LTFU               |
| 54319     | Gascony Minehead  | TA24 5BB | Donna Archer     | 03/03/2026    | 06/03/2026 | Tobacco/10mg           | 06/03/2026                                  | Cut down                             | Strawberry/10mg       | 02/04/2026                                  | Quit                                 | Strawberry/20mg       | 30/04/2026                                   | Quit            | Quit (self report) | LTFU               |
| 54320     | Gascony Minehead  | TA24 5BB | Donna Archer     | 03/03/2026    | 06/03/2026 | Strawberry/10mg        | 06/03/2026                                  | Cut down                             | Strawberry/10mg       | 02/04/2026                                  | Quit                                 | Strawberry/20mg       | 30/04/2026                                   | Quit            | Quit (self report) | LTFU               |
| 54321     | Gascony Minehead  | TA24 5BB | Donna Archer     | 03/03/2026    | 06/03/2026 | Strawberry/10mg        | 06/03/2026                                  | Cut down                             | Blueberry/10mg        | 02/04/2026                                  | Quit                                 | Blueberry/10mg        | 30/04/2026                                   | Quit            | Quit (self report) | LTFU               |
| 54322     | Gascony Minehead  | TA24 5BB | Donna Archer     | 03/03/2026    | 06/03/2026 | Blueberry/10mg         | 06/03/2026                                  | Cut down                             | Blueberry/10mg        | 02/04/2026                                  | Quit                                 | Blueberry/10mg        | 30/04/2026                                   | Quit            | Quit (self report) | LTFU               |