



Postnatal Contraception

Project aim

Reduce short interpregnancy intervals, through the provision and implementation of a postnatal contraceptive service, offering the contraceptive implant.

Timeline for delivery

From: January 2023 To: December 2023

Measures

Evidence suggests women are keen to accept contraception as inpatients, and there is good financial savings as a result. Data was collected on monthly uptake and examined by demographics.

Tests for change

Audit of low-risk birth settings identified 15% of women had conceived, within less than 12 months from their most recent birth. Accessible postnatal contraception would aim to decrease this rate in future audits.

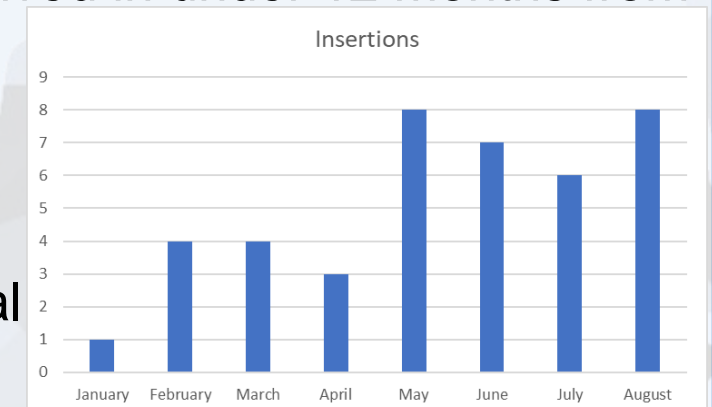


Project team

Kiera Wedlake Midwife & Chief Nursing Officer Fellow 2023
Natasha McCormack Healthy Lifestyle Midwife

Results

- Over 50 implants fitted
- 29% of women conceived in under 12 months from their previous birth
- 56% of women had multiple risk factors associated with poor maternal and neonatal outcomes



Learning and next steps

Raising the profile of the service, increases uptake. Support teaching of staff and develop antenatal resources. Collect service user feedback. Facilitate more options such as oral or injectable contraception.

