

Hospital Discharge

Social and practical support following a hospital stay

The **Inclusion Matters'** Hospital Discharge Inclusion Officer is there to work with individuals to design an action plan to help support their social and practical needs after they leave hospital and support to put that plan into action.



With our trained volunteers we can help:

- Provide telephone welfare calls for 6 weeks
- Identify safety concerns in the home
- Provide information to keep people warm
- Support with transport options
- Signpost to community services and activities
- Signpost to information and advice on finances, including welfare entitlements
- Arranging for someone to call round for a chat

To make a referral contact our Hospital Discharge Worker on 07590 362024 or call our helpline on 01872 266383

www.cornwall-link.co.uk



Inclusion Matters

Connecting Cornwall's Communities

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We know that a hospital stay can be **daunting** and the importance of support when you get back home, particularly if you don't have family support. Our Hospital Discharge Officer will support you to have an action plan so that your recovery and recuperation goes smoothly.



We can help with the following:

- Identify safety concerns in the home
- Provide information to keep your home warm
- Advise on shopping/prescription solutions
- Support with transport options
- Signpost to community services and activities
- Signpost to information and advice on finances, including welfare entitlements
- Arranging for someone to call round for a chat

Inclusion Matters can help you further after discharge if you would like to find out more about social activities in your area or health related groups to help you stay healthy and active and reduce the likelihood of re-admission.

Please phone our helpline on 01872 266383 or visit www.cornwall-link.co.uk for more information.

Please contact us if you are interested in volunteering on the project.



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