

Dementia in hospital - What can you do?

For a person with dementia a hospital stay is often confusing & frightening. Not knowing where you are, nothing familiar to hold on.

Research has shown that the majority of people with dementia leaving a hospital mentally worse than when they arrived.

That's why the nursing needs your help

Because you are the care specialist of your family member with dementia.

Your presence is giving comfort & support to your family member with dementia.

You are a handhold for your family member who wanders around in the dementia fog.

By working together with the nursing you contribute to a care where your family member experience lesser confusion & lesser stress, reducing the chance of a mentally decline through the hospital stay.

How can you help?

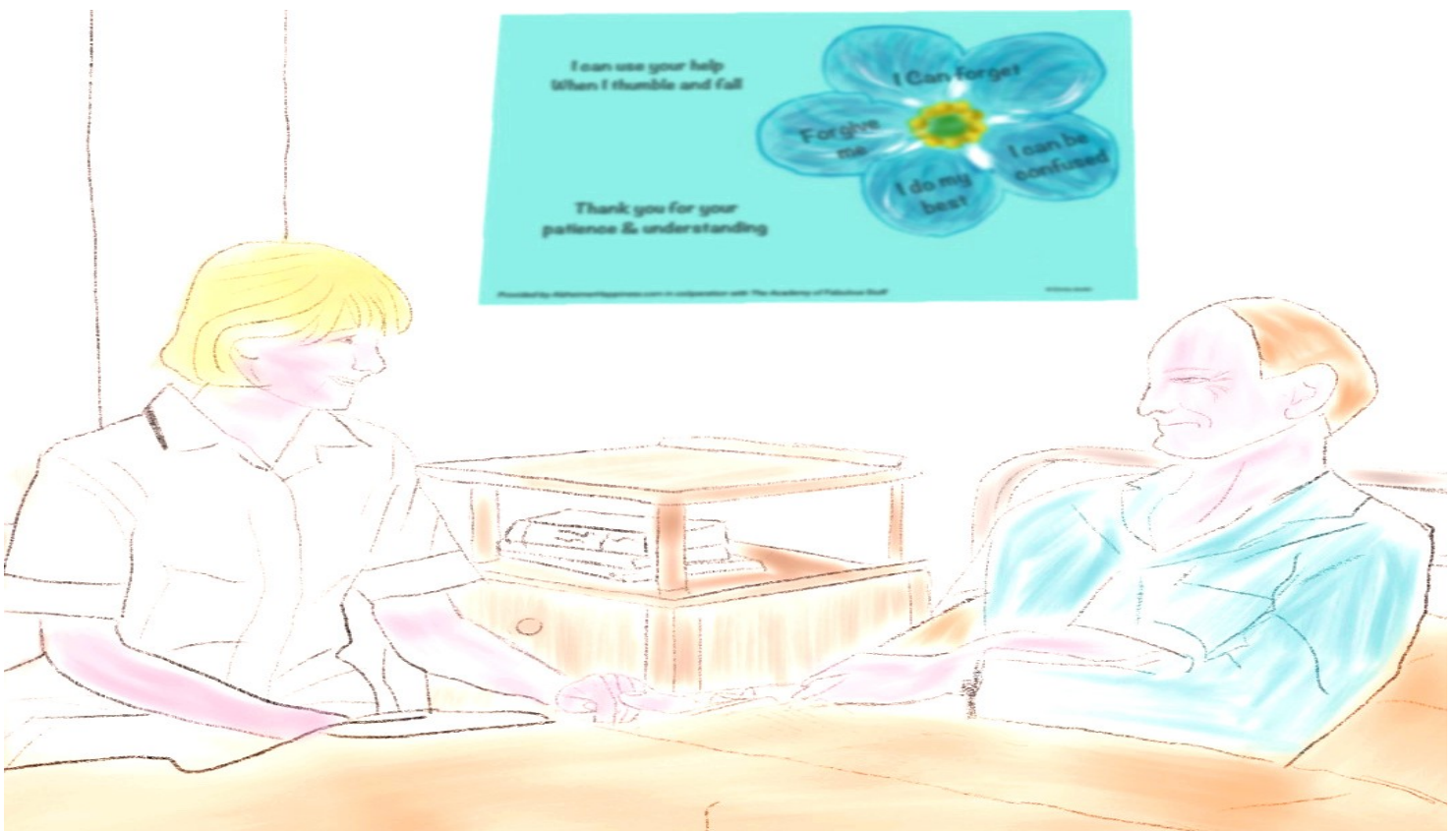
- Being in the recovery after the operation
- Helping with breakfast, lunch, diner, personal care
- If necessary staying at night in the hospital
- Bringing a few photo's which create a home feeling
- Providing the personal favourite music with headphone or [music pillow](#)
- Doing physical activities, like walking through the corridors or to the restaurant
- Tell the nursing what the person makes restless, anxious or calm him
- Is there something the person likes to hold in his hands?
- Spread the visitors, make a schedules for the visitors

Hang the forgetmenot Flyer above the bed

Everybody who comes by the bed sees that this patient wanders in the dementia fog, knowing I must speak and do things calmer and quieter.

How to Find the right music?

On [AlzheimerHappinss.com](#) you find The Music Discovery List which is a roadmap to find the music which gives rest, peace and home feelings to a person with dementia.



I can use your help
When I thumble and fall

Thank you for your
patience & understanding

