


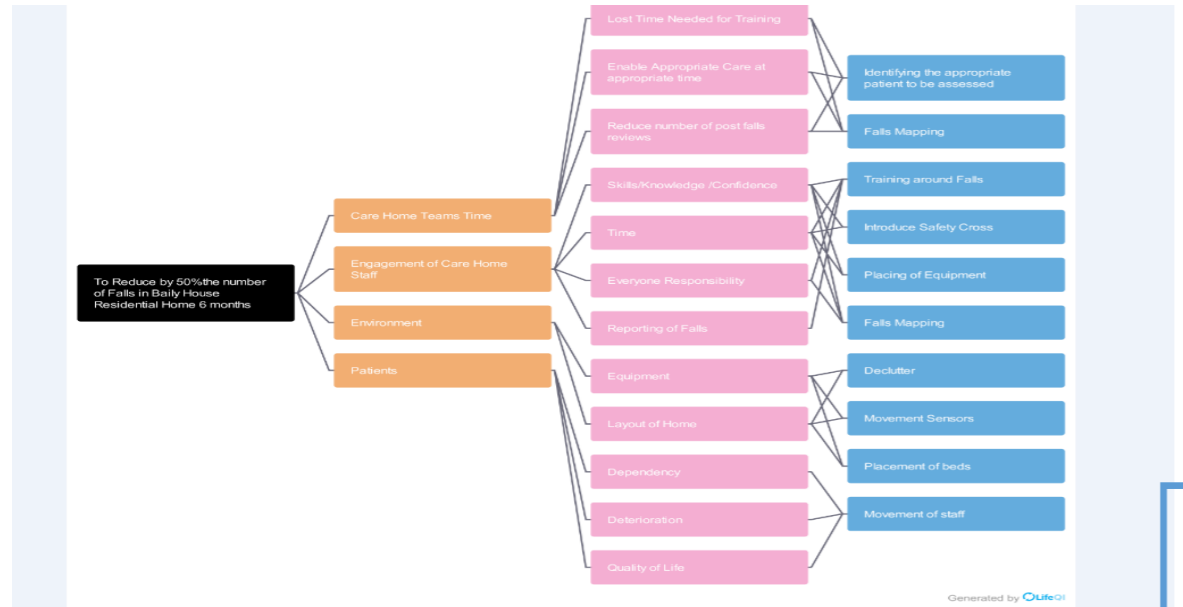


FALLS HAVE BEEN REDUCED BY 50% IN 6 MONTHS FOLLOWING THE IMPLEMENTATION OF A FALLS MAPPING TOOL

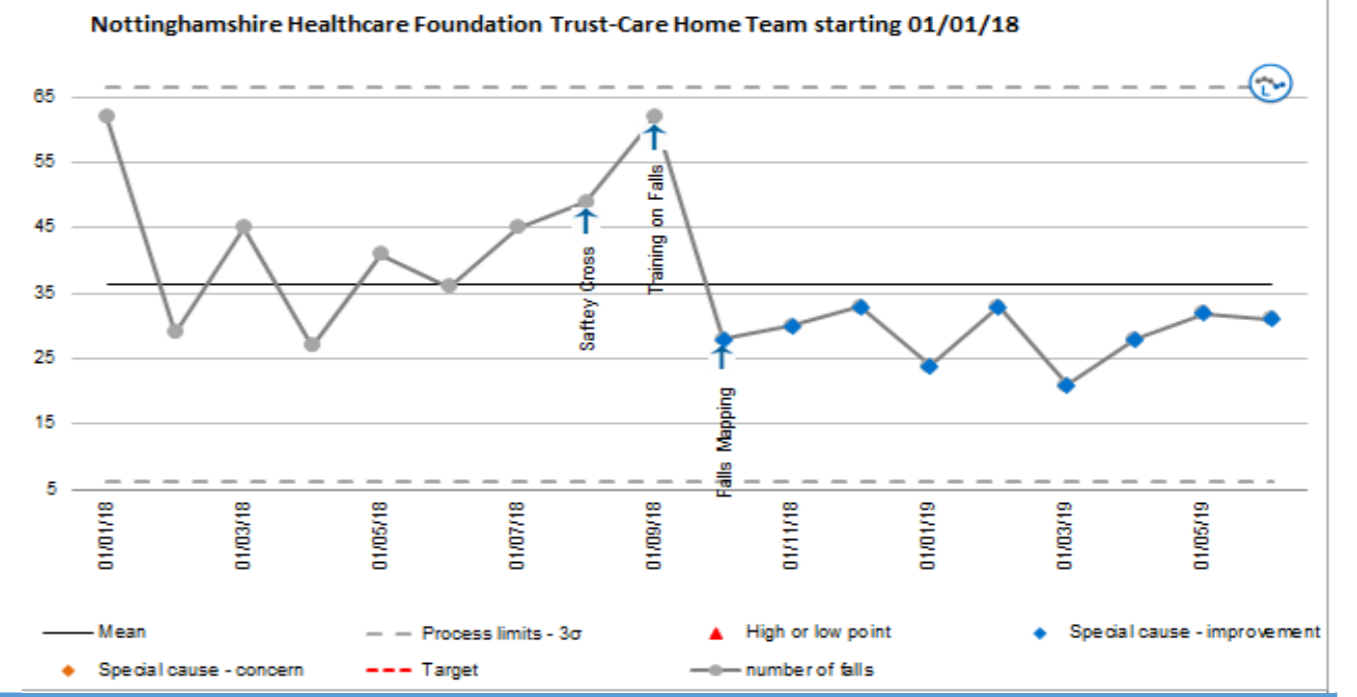
AIM	WHY IS THIS IMPORTANT TO SERVICE USERS AND CARERS?	TESTS OF CHANGE
<p>To reduce by 50% the number of falls in Baily House Residential Home, Mansfield in 6 months</p>	<p>By reducing the risk of falls we reduce the risk of injury. These injuries have an impact on the number of non elective admissions to KMH. Through education the C.H.T. and Falls Team wanted to help the care home staff reduce the number of falls, increase their knowledge and confidence around falls risk and how to reduce that risk. If there were less falls in the home it would release time given to post fall review for the care home team to then provide this education and on going support. Residents in the home are frail and prevention of falls would clearly be beneficial to their health and</p>	<p> First PDSA cycle was for staff to use a Safety Cross this enables staff to capture daily when a fall has occurred . This test ran for a month and although showed when a fall occurred it did not show anymore detail for the staff to have an impact on and staff felt it was another piece of paper that did not really add much to the reduction of falls</p> <p> Second PDSA which will run for 7 months and involves providing training for all staff around falls to look for potential fall causes to gain confidence in fall prevention and how to record falls data to make it meaningful.</p> <p> The third PDSA cycle involved the introduction of a Fall Mapping tool this allows the staff to mark on a map of the home where the falls have happened and the times so they can see any coloration to the falls such as staffing levels furniture or lack of furniture. This cycle will run for 6 months.</p>

DRIVER DIAGRAM



Project Team : Suzie Rabbage and Eleanor Hale
 QI Lead : Liz Gethings

DATA



SUMMARY

This project has been a collaboration between the Care Home Team the Falls Team and the staff of a residential care home. All parties were concerned about the level of falls occurring in this home. August 2018: care staff commenced the falls safety cross which would highlight the number of falls per day – staff felt this was just another form to complete. I felt it didn't highlight any trends for times or locations of falls .September 2018: Eleanor the Falls lead from Mid Notts provided falls training for Baily House staff . October 2018: I introduced the falls mapping process with the Deputy manager at Baily House. This involved colour coding shift patterns, having a map of each floor and placing the relevant coloured “dot” in the location of the fall. This simple process highlighted trends in times and locations of the falls. Staff at Baily were then able to make changes to the number of staff available in the dining room at meal times and move the dining tables around to reduce cluttered areas. This process also made staff aware of the “frequent” fallers and helped them utilise the most appropriate falls sensor equipment for each resident.