



*Fab*Newsletter

News - Events - Shares - Fabulousness - New Stuff

Welcome to the 1st Edition

March 2022

FabNewsletter

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Welcome to the first Academy of Fabulous Stuff Newsletter.

This online publication will be published quarterly & is produced by the Fab Ambassador team. They will be sharing QI information, resources & showcase the work of ambassadors across the world.

The newsletter will highlight successes over the past year across the world of Health & Social Care & showcase amazing work done by frontline people.

And last but not least, we will be sharing our exciting plans for the coming year with a focus on what #FabChange22 might focus on.

If you would like more information on the academy or any thing featured within the publication, please check out the website [here](#) or email us [here](#)



What is the Fab Academy?

- The academy was started on the 14th February 2015, founded by Roy Lilley, Jon Wilks & Terri Porrett aka The BLONDE
- A place to share all the fabulous things about the NHS and social care. A collaboration to ensure best practice examples, great ideas & service solutions are available to all
- An idea that turned into a [social movement](#)
- We have over 120 Fab Ambassadors that are frontline staff enthusiasts; they use social media, utilise our website to help encourage colleagues & others to tell us about & share all the great things across Health & Social Care
- So get browsing & 'Pinching with pride'; with the Fab Academy there is no reason to reinvent the wheel

*Don't reinvent the wheel
Reinvent the way we work...*

Together 

Fab Academy

Continued....

At the Academy we take the importance of being BLONDE seriously:

B - Believe in the importance of what YOU do

L - 'Little things matter'

O - Opportunity to make FAB stuff happen

N - Never underestimate the power of sharing

D - Determination to make it happen

E—Energise you, your team and others by sharing your work



Working together, helping others.
We are committed to supporting the
best that the NHS has to offer, **YOU!**

Learn more 



Editorial

Over the last couple of years, Cerner and the Academy of Fab Stuff have been working together on several projects, including sponsoring the [Fab Change Day](#) event.

As a part of our sponsorship last year, Cerner hosted a round style discussion group looking at the growing trends for evidence-based design in health and care environments, for which I was delighted to chair. This discussion considered the impact of the newly built environment on how care is delivered more holistically; how new hospitals are being planned and old hospitals updated.

Through the partnerships and close working relationship with Academy of Fab Stuff, Cerner is thrilled to have been able to share and celebrate the work being done in the community, in order to make a real difference to those in healthcare, as well as contributing towards the learnings of digital health and provide best practice examples via our client achievements.

We look forward to driving forward this important work and continuing to make a positive impact within healthcare.

Deirdre Stewart RGN, RPN, MSc Dip HCI

Senior director and nursing executive, Cerner UK



Fab Festival 21

Highlights



Fab Change Day Happens Every Year:

The day shifts the focus from pledging to do something in the future, to sharing what we're doing now.

It is a way to demonstrate the significant difference that can & is being made to aspects of health & social care.

Fab Change Day enables you to share your good stuff so that others can replicate what you are doing well on a national level.

Fab Change 21 was celebrated Festival Style!

2021 we wanted a true festival feel with music, here is our Fab Festival Spotify List, [to help you relax when you have a little me time](#). All Songs were collated throughout the day & all mean something to a frontline staff member.

We even had food, [here's a live lunch time cooking session with our very own Roy Lilley](#)

Check out our Social Media Channels for all of the days activities, discussions, Fab Shares & Food Recipes via **Twitter:** @FabNHSSTUFF #FabChange21 #FabFestival **Or via our [Facebook](#) page or visit the [website](#)**



Fab Festival 21

Catch Up



[Tent 1 #FabChange21 Festival - Kindness and Positivity | Fab NHS Stuff](#)

[Tent Two - The Little Things are the Big Things | Fab NHS Stuff](#)

[Tent 3 Bumps In The Road | Fab NHS Stuff](#)

[Tent 4 The Growing trend for evidence-based design in health and care environments - Cerner UK | Fab NHS Stuff](#)

[Tent 5 - Poets Corner | Fab NHS Stuff](#)

[Tent 6 - Wellbeing and Peer Support | Fab NHS Stuff](#)

[Tent 7 - NHS Horizons and the School for Change Agents | Fab NHS Stuff](#)

[Tent 8 - The Power of Music | Fab NHS Stuff](#)

[Tent Nine - Fab Stuff Happens Everywhere | Fab NHS Stuff](#)

Full Box Set: [FabChange21 Festival - YouTube](#)



Some of our Fab Change 2021 Shares



- ◆ Hep C U Later share about their postal Hepatitis C testing at Aldershot...
- ◆ Concentric digital consent and how it has transformed the consent process...
- ◆ Sheffield Teaching Hospitals provided the best possible support to Dementia patients and their carers across the city...
- ◆ SNEE (Suffolk and North East Essex ICS) and menopause support to staff...
- ◆ The Kent Community Health NHS Foundation Trust (KCHFT) have noticed increasing downloads of a health check app...
- ◆ RWT improved patient care and effective discharge planning by the introduction of an additional Senior Trainee on ward team structure...
- ◆ More Fab Change 21 Shares can be found [here](#)

Sign up to the website & start sharing your Fab Stuff today:



A Huge Fab Festival 21 Thank You



With thanks to our Partners



Without our sponsors, the Fab Festival & all of our other Fab Stuff wouldn't be a reality; so a HUGE thank you to each & everyone of you for making it all possible!

Meet the Ambassadors...

Our Fab Ambassadors:

- We have Over 120 Ambassadors across the 'WORLD'! Yes that's Right, we reach Holland, New Zealand & the whole of the UK
- Our ambassadors have a hugely diverse set of skills
- They are from a wide array of organisations & professions
- They lead for the future; with enthusiasm, positivity, knowledge & hope
- They are solution focused; helping those new to QI with their 'Bumps in the Road'
- They help to connect people locally & nationally
- They Lead on #FabChangeDay each year

Check out who is near you & join our Fab Ambassador Family [HERE](#)



Meet the Ambassadors...



Each newsletter we will tell you a little bit about one of our ambassadors, - meet Dani

Hello my name is [Dani](#) and I am the '*Fab Facilitator*' for the Academy of Fabulous NHS Stuff.

I am a qualified Nurse and work in the maternity side of the NHS.

Since being a student, I have loved all things NHS; my passion is listening to patients & ensuring they are involved every step of the way, with innovation & the development of new services.

I began my journey as a Fab Ambassador in 2016 and since then, have loved every minute of networking with people, I never thought I would ever have the privilege of meeting.

I have been involved in many innovation projects & learn something new every time; it is a great network to know when trying to achieve something you have never done before.

Follow the [#FabFridayFriends](#) on twitter for more Ambassadors



Welcome to [#FabTalks](#) with Series 1

What's your story?

In this series of #FabTalks, you will have the opportunity to listen and engage with our guests. Check out our guests, dates & register below:

[Dr Christine Mimmagh](#) pioneering the care of transgender people with in GP and primary care

[Chris Pointon](#) 'Hello My Name is'

[Brian Dolan](#) 'End PJ Paralysis' and much much more!

[Nichole McIntosh](#) Having worked for 2 decades in the NHS, Nicole shares her experiences as a black woman and professional within a culturally diverse sector

Keep an eye out for more guests and dates [HERE](#)

[If you know someone who would be great to interview, talk to and learn from please get in touch & let us know.](#)

Fab Campaigns

Here at Fab we like to showcase & share campaigns, check out our current campaigns [HERE](#)

If something tickles your fancy, please [get in touch & let us know.](#) and get involved.



2021 Improvement Projects of the Year



Behind the scenes we have been looking at all the projects shared throughout 2021 & these were our most viewed & shared projects :

[QI monthly updates](#)

[Kindness and Positivity Campaign](#)

[Building Better Together](#)

[Information about me cards](#)

[Fall Prevention at the hospital front door](#)

[No Going Back Patient Flow huddles](#)

[Patient initiated follow-up](#)

[Swan EoL care](#)

[UHMBT trust wide support for sharing innovation and QI](#)

Each edition we will shine a light on a Trust, who underpins all we do here at the Fab Academy!

This month's shining Fab Example is:

The Princess Alexandra Hospital SPECIAL EDITION



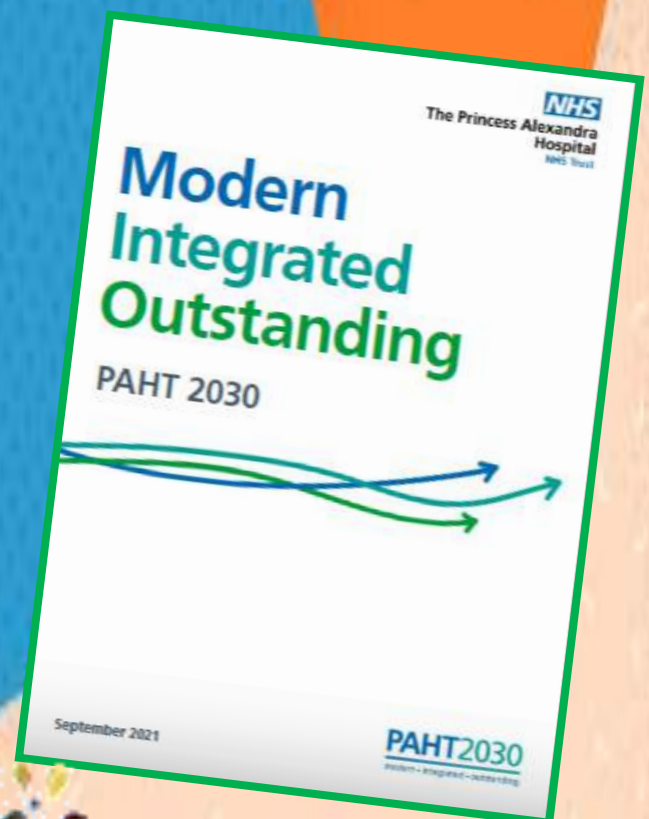
FabChange Festival 2021

For FabChange21 the Academy of fabulous stuff held a FabChange festival to showcase all the amazing work that has been done over the last year.

This newsletter highlights the successes over the past year for Princess Alexandra Hospital and showcases the amazing work done by our people and our exciting new strategy, PAHT2030.



FAB-HERO



Introducing our strategy

PAHT has just launched a new exciting strategy, which outlines our vision for the future :

To be modern:

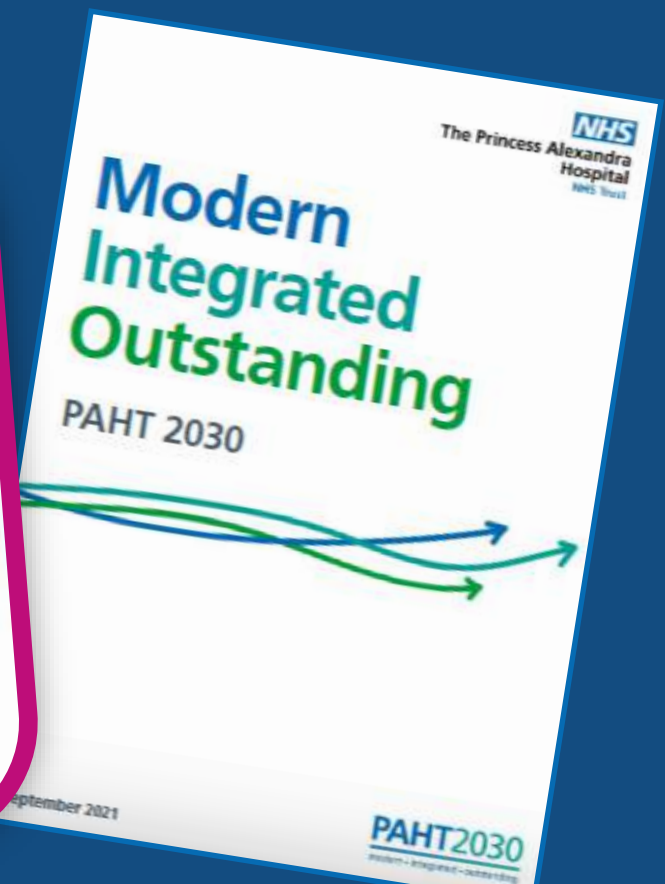
always using up to date treatments, technology and facilities.

To be integrated:

working as one to provide joined up healthcare that always puts patients first.

To be outstanding:

delivering healthcare that our patients deserve and that makes us proud.



To help bring this to life, over the next few pages we have summarised examples of quality improvement that links to the strategic priorities outlined in the document.

We will be focusing on:

- Transforming our care
- Digital health
- Corporate transformation
- Our culture
- Our new hospital

PAHT2030

Transforming our care

In our PAHT 2030 strategy, our priority is to have the most up to date and expert care that is designed to meet the individual needs of the patients, when and where they need it. Below are a few improvement projects that have happened over the last year to help support the trust's vision

Mortality Dashboard

Ongoing development of an automated learning from deaths dashboard with the SMART software and informatics team is currently underway. This will take the form of a board dashboard as well as the ability to deep dive into areas of interest via an interactive dashboard.

Project Lead: Nicola Tikasingh

NIV

Implementation of non-invasive ventilation (NIV) on Locke ward. A significant milestone achievement for 2020/21 PAHT being able to provide non-invasive positive pressure ventilation in our respiratory ward in addition to critical care. We know beginning non-invasive positive pressure ventilation quickly can improve patient outcomes, reduce length of stay in hospital and reduce the need for admission to critical care.

Project Lead: Ugo Ekeowa

Learning from deaths .

Implementation of policy to deliver structured mortality and morbidity (M&M) meetings
PAHT have appointed a lead medical examiner, who will be leading a team of independent consultant colleagues whose role is to enhance the governance and regulatory systems by scrutinising the deaths of patients not under review or inquest by the coroner

Project Lead: Nicola Tikasingh

SMART

PAHT has recently purchased and implemented the SMART (Structured Mortality Analysis & Review Tool) system for our medical examiners, patient safety and quality teams, plus other key stakeholders enabling us to learn more effectively from deaths in hospital.

Project Lead: Nicola Tikasingh and Rudi Swart



Transforming our care

End of life education

YouTube video developed and uploaded on the trusts YouTube portal
Mandatory e-training has been developed with an external provider to support trust-wide clinical learning.

A acceptance criteria for hospices has been developed.

Implementation of electronic recording of PPD\PPC

Project Leads : Sam Taylor and Gill Hutchinson

Patient initiated follow up (PIFU)

This pathway allows patients to determine whether their condition requires clinical intervention and allows access to the specialist when it's needed. In turn this reduces the number of follow up appointments needed.

Following successful pilots in Fracture, which commenced 22/2/21 and Neurology, which commenced 12/4/21 we have now gone live with Orthopaedics (19/7/21), Paediatrics (20/9/21) and ENT (20/9/21), physiotherapy (27.9.21)
A roll out plan is in place to implement the discharge to PIFU pathway across the Trust by May 2022.

Project Leads: John Anderson, Dr Jane Anderson, Mr Dennis Kosuge

Virtual fracture clinic

Successful pilot undertaken in April 21

Developed electronic referral processes both on Cosmic (for internal) and off Cosmic (for MIU)

During pilot of the 62 patients reviewed there were 25 appointments saved
Successful go live internally with VFC 1st October 2021 and plans for minor injury units early November 2021

This also links to our digital health.

Project Leads: Carol Allgrove, Mr Dennis Kosuge

You can find all of PAHT's QI learnings [HERE](#)—
over 130 amazing QI initiatives and learning

Digital health



One of our biggest focuses is to harness new technology and digital solutions to transform our patient care and improve the way we work.



DR Doctor

At PAHT we are live with a paperless communication for patients. A text message generates a link for correspondence to be viewed. This is in place for all appointments in outpatients with outcome letters due to go live in April 2021. There has been a 71% uptake of patients choosing to view their letters electronically which has both cost savings, due to reduction in postage, and environmental saving and less paper used.

Project Lead:

Lorraine Talbot

Virtual Visiting

This was the introduction of a service using iPad and iPhone devices to allow patients to speak and see their relatives during the COVID pandemic. This service was established quickly to meet the need of our patients and recently won 1st place in the Unexpected Innovations Award 2021 which was hosted by HETT (Healthcare Excellence Through Technology) at the Excel. This service remains vital and a huge part of its success is down to working collaboratively with IT, Consultants, Quality 1st Team and many other departments across the Trust.

Telemedicine

As part of the national response to COVID, in April 2020, we rapidly rolled out the Attend Anywhere platform with 70% of specialties on-boarded to use the system Template letters and processes established to support the delivery of telemedicine.

Project group and plans are currently being established to support the increase in quality and number of virtual consultations.

Project Lead: John Anderson



Digital health

Antibiotic stewardship

In PATH an antibiotic dashboard has been developed that identifies antibiotic prescribing habits throughout the trust. The dashboard is being utilised in an antibiotic review panel working with clinicians to review and guide amending prescribing habits throughout the trust.

Ongoing development of the antibiotic guidelines utilising the microguide mobile app.

**Project leads: Dr Jane Snook,
John Anderson, June Barnard**



Two way messaging

We have moved away from a one-way messaging flow provider to a new provider enabling two way messaging with our patients.

Two way messaging is live in nearly all outpatient specialties.

Project Leads: John Anderson. Natasha Breen, Stephanie Jolliffe

Alertive

A new clinical and corporate communication tool is currently being introduced at the trust. The new system will initially replace non-emergency bleeps and has the functionality to be used as a clinical messaging tool. The system will ultimately remove the reliance on bleeps to contact teams and individuals throughout the trust.

Project lead: Helen Pardoe



Our

Culture

Our priority for our culture is:

“fostering and nurturing an inclusive environment that champions diversity and equality, and where our people are engaged, supported and helped to learn and grow”

The Quality First Team supported a review of the Trust values. As part of this work 433 surveys were completed, which included 807 stories shared by our staff. 35 people attended the workshop and 100 people gave permission for their stories to be shared. In the second survey, we requested for staff to order the new values, 442 responses were received. **Our new values are...**

Patient at heart - always holding the patient and their wellbeing at the centre of our thoughts and efforts

Everyday excellence - sharing and celebrating our successes, being honest when we get it wrong, giving us the ability to learn from both

Creative collaboration - knowing strength comes from diversity, we combine our experiences, skills and talents, working together to find new and better ways to care



Corporate transformation

At PAHT one of our priorities for PAHT2030 is to go through a corporate transformation by continuing to modernise our services to support our clinical teams in providing outstanding care. An example of this is our domestic and housekeeping Quality Improvement programme .

Domestics

For our Domestics , we now have amended working patterns in place which cover 11 hours per day seven days a week on each in patient ward with ED cover 24 hours.

Housekeepers

We have Introduced and implemented the housekeeper role to all in patient areas and ED.

Next steps:

Embed the housekeeper role through a recruitment and retention plan. We will be updating training and competency requirements.

Modern equipment

We have purchased new modern cleaning equipment which is in place and training has been provided.

Next steps:

A location to be confirmed for a new equipment storage facility and new laundry area.

Electronic solutions

We have purchased electronic solutions, which is already being used to undertake cleanliness audits and to request portering services.

Next steps:

Roll out an electronic solution to food ordering.

Project leads: Shelia Connolly, Lyn Patnell

In 2019 PAHT was announced as one of the six hospitals across the UK to be developed in the New Hospital Programme. Our priority for our new hospital is to be:

“A world-class hospital for the future, providing first-rate care for our patients and the best place to work for our people”

We will:

1 Improve outcomes for patients and future-proof our service delivery through smart, flexible building design

2 Become more sustainable across everything we do, achieving our target of net zero carbon

3 Exploit our greenfield location as a place of wellness not illness, for the benefit of staff, patients and local biodiversity

Our new Hospital





I think you will agree, that the Princess Alexandra Hospital NHS Trust are truly Fabulous! If you want further information about specific projects you can find all of PAHT QI shares on the website [HERE](#)

PAHT—thank You for sharing all you are doing with us!

You can find the Quality First team on twitter [HERE](#)

Did you know that you can apply for Trust Fab Academy Accreditation, just like the Princess Alexandra NHS Trust?

If you would like to learn more about how your Trust can gain the recognition for being a Trust true to QI & empowering transformation from the bottom up & putting Quality First, with our Accreditation, get in touch [HERE](#)

P.s. Did I tell you, that you gain a shiny plaque to show off too?!

Events Coming Up....

Next Fab Think tank Meeting:

Please do get in touch if you would like to become an ambassador and join our Networking & Planning meetings.

These Meetings happen regularly throughout the year to help support our Ambassador Network plan for what ever ideas we can think of next.

April 2022 is the kick off of our amazing new #FabTalks with series. Check them out [here](#)

July 2022 will showcase a week of Fabulous Activities, to coincide with the NHS's Birthday. Keep those eyes peeled for our next fab Newsletter in June which will contain all the details.

If you have a local/national event that you would like sharing with our Fab Networks, please get in touch and we will add it to our next Newsletter or promote via our networks and social media channels.





**From all of us here
at the Academy of
Fabulous NHS Stuff
for all you do & for
reading our first
Newsletter!**

