

TENT 1 Kindness & Positivity

Fab Change 21 Festival
November 24th



Ambassador Hosting:

Paul Devlin

Themes/Speakers:

Launch the Kindness & Positivity Network

Kindness & Positivity Sessions

Drop In Sessions

You have two opportunities to visit this Tent:

09:30-12:30

or

15:00-17:00



Tent 2 The Little Things are the Big Things

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Ambassador Hosting:

• Mathew Little & Donna Little

• Themes/Speakers:

- 13:45 Intro What are the Little Things?
- Dr McCabe - #CallMe (14:00-14:30)
- Caroline Yates & Caroline Bestwick; Royal Wolverhampton NHS Trust – The Oral Health Project; Keep Smiling (14:30-15:00)
- Play 'Last 1000 days' and have discussion about #EndPJPAralysis
- #HelloMyNameis
- 'Please Answer' film and discussion around discharge to assess and support on discharge home.
- National Dignity Chair Jan Burns MBE; The Dignity Do's & Don'ts in your practice (16:00-17:00)

Timings:

13:45-17:00



Tent 3 Bumps In the Road

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Ambassador Hosting: Vanda Carter & Claire Flatt

Themes/Speakers:

- Robert Ayers & Lindsay Hanmore; Bumps in the Road; Action Learning Set (10:00-12:00)
- Tina Hadley-Barrows Consultant Physiotherapist; Keele CAT group Methodology (13:30-14:30)
- Hesham Abdalla; Hextime <https://hexitime.com/impact-stories> (15:00-16:00)

This tent has a break between 12.00 and 13.30 so two sessions

Tent 4 Cerner – Evidence Based Design of the Future of Health & Care Environments

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Themes:

Join us for a discussion on new hospital build – from who has to be consulted to what needs to be taken into account. Our panelists represent the journey from planning to completed new build and bring with them their advice from across that lifecycle. If you have ever wondered how to become involved, this could be for you.

Confirmed presenters:

Chair: **Deidre Steward**, Senior Director & Nursing Executive, Cerner

Robert Selley, Strategy Lead - Whipps Cross Redevelopment Programme

Amanda Sparkes, Divisional Director of Operations and Nursing, Royal Free London NHS Foundation Trust

Allison Deagle, Matron, Digital Transformation, The Newcastle upon Tyne Hospitals NHS Foundation Trust

•Timings:

- 10:30-11:30



Tent 5 Poets Corner

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•Gill Phillips - #WhoseShoes Poets Corner

You could write a poem or just rock up and join the fun

Timings:

14:00-14:45



Tent 7 NHS Horizons; School For Change Agents

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Ambassador Hosting:

- Gabrielle Law & Kerry McGinty

Themes/Speakers:

- In Conversation With Helen Bevan; History of Sc4CA, Overview of School
- Kahoot – Quiz on Wellbeing from the Teachings in the School
- Panel Discussions and Q&A
- Menti; Evaluation

Timings:

- **10:00 - 12:00**
- **15:00 - 16:00**



8. Power of Music

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Ambassador Hosting:

Ignar Rip & Jennie Negus

Themes/Speakers:

- Ignar Rip will discuss the power of music, through out our life course.
- Ignar will equip participants with the tools to use to help look after your Mental Wellbeing through the use of music.
- Everyone should have a playlist of songs from when they were aged 15-25yrs
- What songs matter to you and why?

You can find out more about Ignar work here <https://fabnhsstuff.net/campaigns/ignars-music-as-a-care-tool-guides>

Timings:

- 10:00-12:00
- OR
- 14:00-16:00



Tent 9 Fab Stuff Happens Everywhere

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•Ambassador Hosting:

- Louise Hansford & Candie & Eddie

Themes/Speakers:

Interested in exploring how you can do things differently?

Want to learn about amazing social change initiatives and challenge your thinking?

Then Fab Stuff happens Everywhere is the tent for you!

- Hep C U Later Project
- Take 20
- Pop up clinics
- Stigma
- Back care

Timings:

- **10:00-12:30pm**

