

# #FABFact Staff Noticeboard Share

## SCHWARTZ ROUNDS

Schwartz Rounds provide a structured forum where all staff, clinical and non-clinical, come together regularly to discuss the emotional and social aspects of working in healthcare. The purpose of Rounds is to understand the challenges and rewards that are intrinsic to providing care, not to solve problems or to focus on the clinical aspects of patient care. Rounds can help staff feel more supported in their jobs, allowing them the time and space to reflect on their roles. The concept came from medical Grand Rounds but instead focus on the emotional aspects of care and caring.

Evidence shows that staff who attend rounds feel less stressed and isolated, with increased insight and appreciation for each other's roles. They also help to reduce hierarchies between staff and to focus attention on relational aspects of care.

The underlying premise for rounds is that the compassion shown by staff can make all the difference to a patient's experience of care, but that in order to provide compassionate care staff must, in turn, feel supported in their work; and so Schwartz Rounds can hugely benefit patient experience.

Rounds follow a standard model to ensure that they are replicable across settings; they normally take place once a month for an hour at a time with catering provided beforehand. We are currently holding these via teams and provide a refreshment voucher so you can still enjoy the pre-meet networking.

Once the round starts, a panel, comprised of three staff, share a story of their experience for 5 minutes each. Experiences are shared from the perspective of the staff member, not the patient and the emphasis is on the emotional impact; how it made them feel or think. The storytellers are helped to prepare their stories beforehand by trained Schwartz Facilitators and are fully supported throughout.

The remainder of the hour features the facilitators leading an open discussion. They do this by asking participants to share their thoughts and reflections on the stories, how it made them feel, whether it resonated and maybe they had experienced something similar.

The key skill is for the facilitators to steer the discussion in such a way that it remains reflective and does not become a space to solve problems.

The facilitators will remind participants that rounds are a confidential space, in which patient and staff identities are protected and for those in the audience there is absolutely no obligation to contribute though it is great when you do.

You can also speak to your ward/department FAB Experience Champion who can share some self-study slides of you would like to find out more.

Date	Topic for Discussion	Time of Round
31 <sup>st</sup> March	Being on the other side: when the professional (or their family is the patient )	3-4pm
26 <sup>th</sup> April	When mistakes happen coping with the impact	11am-12pm
25 <sup>th</sup> May	When you have to do things you think are wrong	1-2pm
30 <sup>th</sup> June	The good, bad and ugly (around mentoring ,role models and bullying	2.30-3.30pm
29 <sup>th</sup> July	Handling and coping with a complaint	11-12pm
31 <sup>st</sup> August	Putting Compassion to the test –what to do when you do not want to walk into the room	2-3pm
30 <sup>th</sup> September	I want to say No but I say Yes	1.30-2.30pm

**Watch out for Trust Round-up Communications for how to join a Round.**

**Could you be a storyteller? You will be fully supported and assisted to develop and deliver your story and feedback from storytellers to date tells us how powerful the experience has been for them.**

**Please contact: [jennie.negus@ulh.nhs.uk](mailto:jennie.negus@ulh.nhs.uk) if you would like to find out more.**