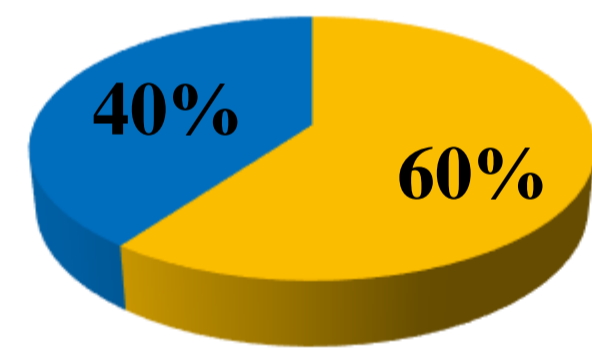


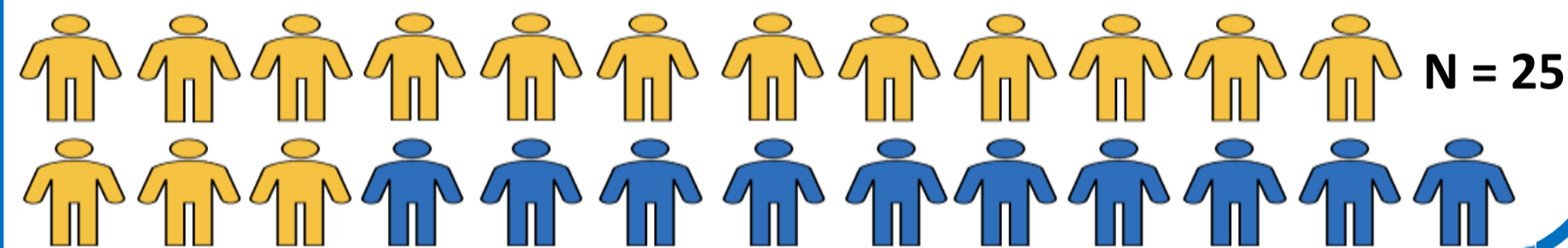
## Background

- UK population is ageing with an estimation of **3 million older people by 2035/36** and **malnutrition** is one of the most common health's problem in our elderly society, (Wilson, 2021).
- The risk of malnutrition is higher in patients aged 65 or over. At least **25-34% of patients** admitted to hospital are **at risk of malnutrition**. If not detected can detrimentally influence in morbidity and mortality (BAPEN, 2018).
- NICE established the best practice recommendations, including the **malnutrition screening tool** as part of the **education and training** section. (NICE, 2018).
- All adult inpatients admitted to the hospital should have their **MUST** (Malnutrition Universal Screening Tool) score **documented** within 24 hours of admission with an **action plan** to prevent malnutrition (NHS Trust, 2022).

## Baseline data



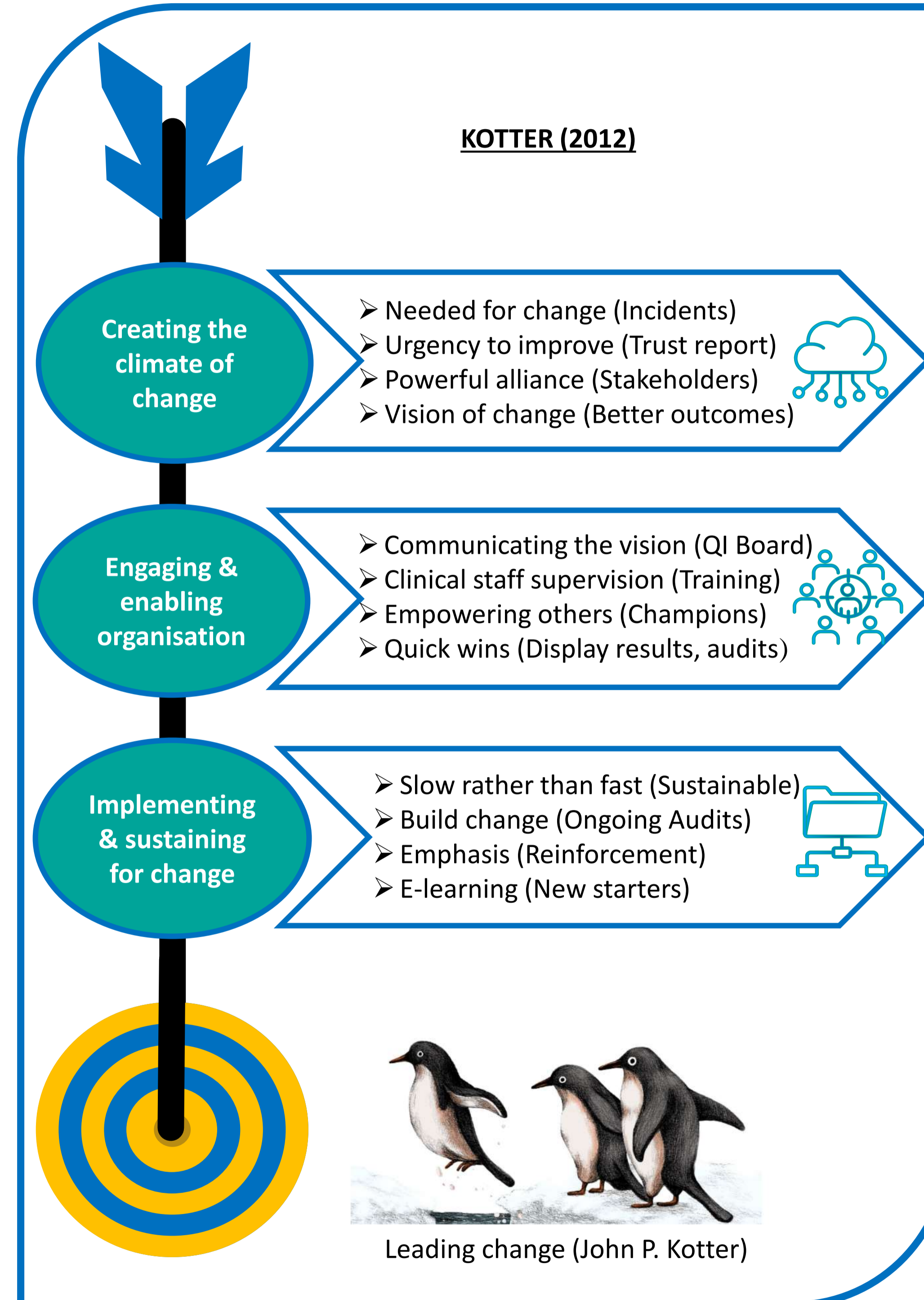
■ MUST Score NOT calculated ■ MUST Score calculated



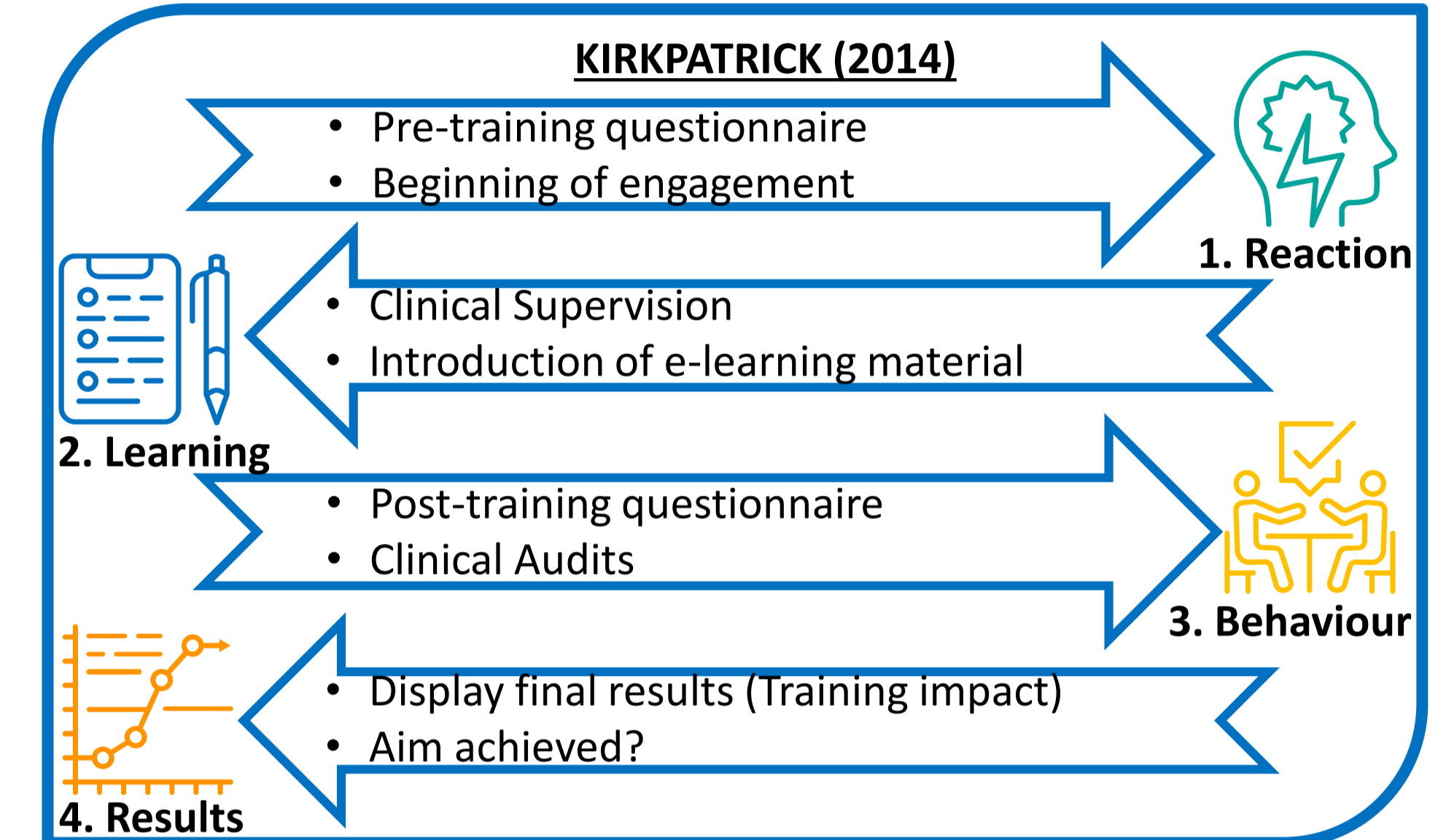
## Aim

- Increase the number of patients with a **MUST Score documented**
- **Improve** its accuracy by completing all steps to calculate MUST Score
- Obtain a **20%** improvement by April 2023

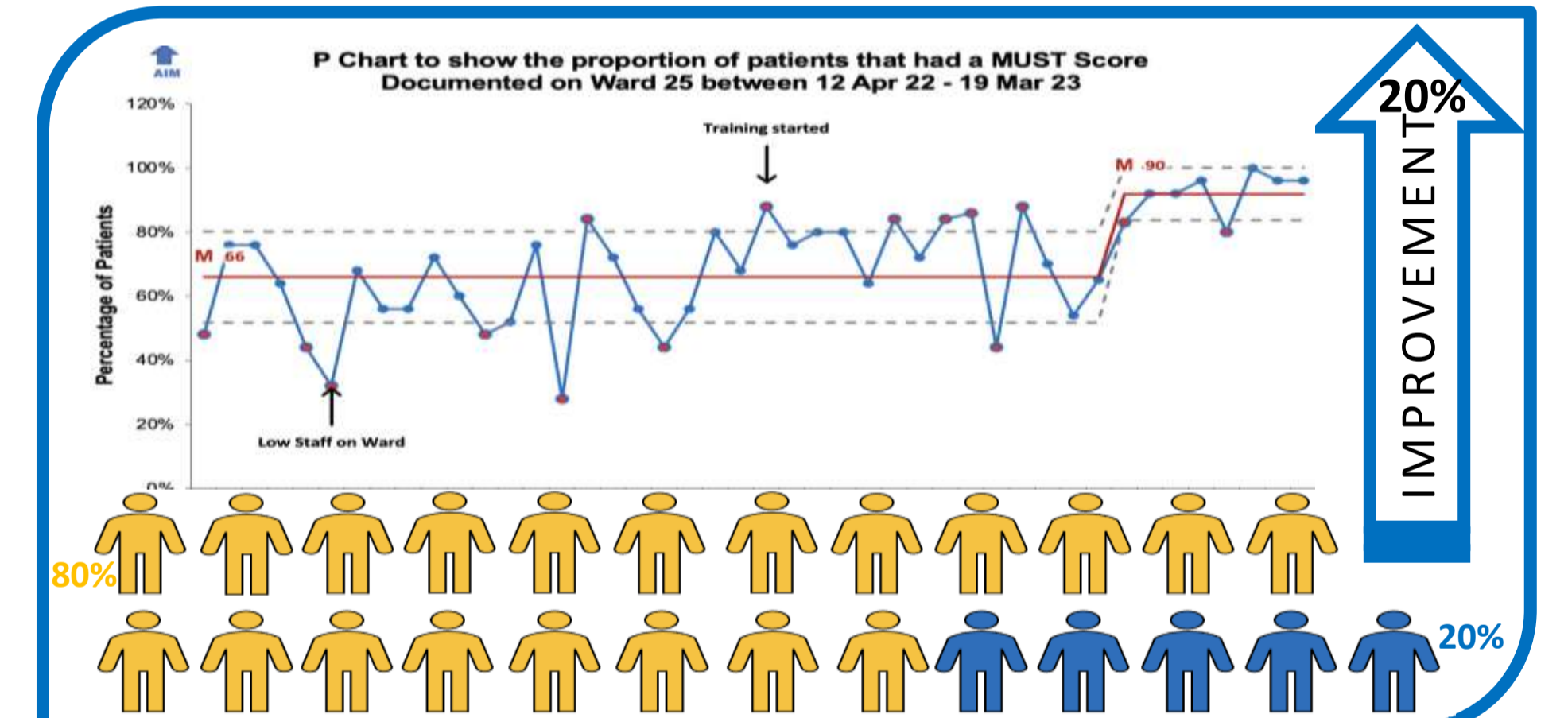
## Implementation



## Evaluation



## Results



## Sustainability

- Continue with staff engagement
- MUST ESR e-learning **Mandatory** will help sustainability
- MUST **Champions** (rotation, increase confidence and power)
- Include MUST **audits** as part of **KPI** (Key Performance Indicator)
- Display of **QR codes** (NHS Digital transformation)

**References:** BAPEN (2018) Introduction to Malnutrition. Retrieved from <https://www.bapen.org.uk> ; NHS Trust (2022) Malnutrition Universal Screening Tool (MUST) screening for adults. NHS Foundation Trust Blackpool Teaching Hospitals ; NICE (2017) Nutrition support for adults oral nutrition support, enteral tube feeding and parenteral nutrition. <https://www.nice.org.uk/guidance/cg32> ; Wilson, L. (2021). State of The Nation 2021. Older people and malnutrition in the UK today [Ebook]. Malnutrition Task Force ; Kotter J. (2012) Leading Change. Boston, MA: Harvard Business School Press ; Kirkpatrick, J. & Kayser-Kirkpatrick,W. (2014). The Kirkpatrick four levels: A fresh look after 55 years. Ocean City: Kirkpatrick Partners.