

My Name is Elizabeth Patient, I like to be called Betty

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Display profile: Yes - Betty requests that this profile be displayed behind the bed or as deemed appropriate.

	<p>What aids I need for my mobility. I use a zimmer frame.</p>		<p>My favourite meal(s) and food I dislike or can't eat. I hate overcooked vegetables. I don't eat red meat these days, because it's so bad for the environment.</p>
	<p>What my hearing is like (better on one side, hearing aids?) My hearing is better on my right side, though I don't wear hearing aids.</p>		<p>How I take my tea or coffee and drinks I like or dislike. I like strong black coffee, no sugar. I hate ordinary tea, but quite like things like lemon and ginger, or mint tea. If I'm thirsty I prefer water to orange squash.</p>
	<p>What you need to know about my eyesight and glasses. I am very shortsighted, but I now also need to wear reading glasses, so I have two pairs.</p>		<p>My allergies, phobias and fears. I am scared of birds.</p>
	<p>How I demonstrate that I am in pain. I curl up in a ball and don't like anyone touching me.</p>		<p>The level of assistance I need for my personal care. I am scared of birds.</p>
	<p>What bedding / pillows I like and my preferred routine. I get neck ache if I have more than one pillow. I tend to go to bed about midnight, and I'm usually awake by 6 am.</p>		<p>My likes / dislikes and my preferred bathing routine. I prefer showers and tend to shower in the morning.</p>
	<p>What I'd like you to know about my teeth or dentures. I have my own teeth and I can brush them myself, but might need prompting.</p>		<p>My preferred clothes / footwear. My family bought me some very comfortable and supportive slippers that are good for preventing me falling. I have a comfy cardigan that I particularly like.</p>
	<p>My favourite music. I love the music from musicals. I used to enjoy listening to the Lian King music with my eldest grandson Luke.</p>		<p>The activities that I am interested in. I used to knit until my arthritis got too bad. As a child I was a keen swimmer and swam for my school.</p>
	<p>Television and radio programmes I like. I don't like much on TV these days. I used to enjoy Crossroads. I listen to Radio 3 sometimes.</p>		<p>My previous or current occupation(s). I used to work part time in the local corner shop. I also worked as a volunteer in my local hospital.</p>
	<p>Dates that are important to me, and why. 1st January is my wedding anniversary. My husband died 20 years ago.</p>		<p>The most important people in my life. My children Simon and Sarah and my 9 grandchildren. Some of them live in Australia.</p>
	<p>My pets, favourite animals, and animals I don't like.. I don't particularly like cats, and I'm scared of birds.</p>		<p>My spiritual beliefs and practices. I go to church at Christmas and think of myself as a Christian.</p>
	<p>Are there any further details you would like to provide? Probably. I'll come back to this.</p>		