

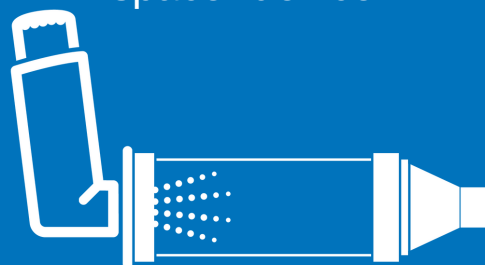
#AskAboutAsthma

Less than half of children and young people with asthma have an asthma management plan



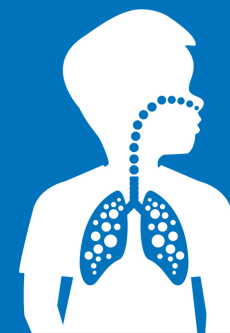
ASK your GP or asthma nurse for an asthma management plan

Many children and young people do not use their inhalers correctly or use a spacer device



ASK your pharmacist, GP or asthma nurse how to use inhalers correctly

An annual asthma review is a good way of checking on your asthma and getting you the right treatment



ASK your GP or asthma nurse/consultant for an annual asthma review

<https://www.healthylondon.org/children-and-young-people/ask-about-asthma>