

LIAISON AMANI

RUN THE NHS

RUN THE NHS AIMS TO GET EVERYONE IN THE NHS, CLIENTS, LIAISON STAFF, FAMILY AND FRIENDS TAKING PART IN A VIRTUAL RACE AROUND THE NHS.

We've divided the NHS into regions - **North, South, Scotland, Wales, London** and **Midlands** - and have an extra race covering **Singida in Tanzania** where the Amani charity is based.

You can have fun moving and competing between regions and raising sponsorship along the way.

RUN, WALK OR EXERCISE ANYWHERE YOU WANT!

Then log activity and see yourself move on our map and leaderboards. Catch a Google Street View of your virtual locale, then cheer your real fellow racers!

£10 TO JOIN THE RACE
100% GOES TO
LIAISON AMANI

ALL SPONSORSHIP RAISED WILL BE MATCH FUNDED BY LIAISON.

LIAISON AMANI is dedicated to supporting the work of the Amani Children's Home Charity in Tanzania. The aim is to take children off the streets and to give them an education, tackle any drug dependency issues and then, most importantly, re-unite them with their families.

runthenhs.co.uk