# My stickers

#### For family and friends

How would you like to be involved in the care planning of your child or friend?

Is there anybody else we should be in touch with? Please leave their name, number and relation to you here:

## If you would like this information in another language or format such as EasyRead or Braille, please telephone the number below or email equality@uhl-tr.nhs.uk

### 0116 250 2959

We welcome your feedback on the All About Me patient passport. Please contact Sophie Wilson on Sophie.EJ.Wilson@uhl-tr.nhs.uk or 07908 454 867. Tell us what can be improved!





# All About Me Patient Passport



# hello my name is...

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# **KEY INFORMATION**

Please call me:

My name is:

My date of birth is: I have a long term health condition, it's: Today's date is: The languages I understand and/or Other ways I communicate are: speak: My religious and cultural needs are: I do / do not take medication, it is: I will only take medication if: Somebody else is completing this for me. Their name and relation to me is: The school/nursery I am at is: How I communicate and express my needs (do you use aids?): Things that help me settle: How I normally get about: Things that upset me: I am sensitive to (do you use aids?): You will know I am in pain, anxious, hungry or tired if:

I will / will not need help going to the toilet

It is sometimes / never okay to hold me

I also want you to know:

## **COMFORT**

I enjoy the following drinks: I will only drink this YES / NO

I enjoy the following foods: I will only eat this YES / NO

My mealtimes are: I dislike the following drinks:

I do / do not need helping eating meals. This is what helps me:

I dislike the following foods:

I also want you to know:

The place I like to eat is:

### When you come to see us at Leicester Children's Hospital, please bring along:

- ✓ This All About Me Patient Passport
- All medication that you're taking (in the packaging it comes in)
- ✓ Any communication aids that you use (like picture boards, symbols, etc.)
- Any sensory aids that you use (like hearing aids, glasses, noise defending ear phones)

We look forward to seeing you!